



Acute kidney injury – a problem for today and tomorrow

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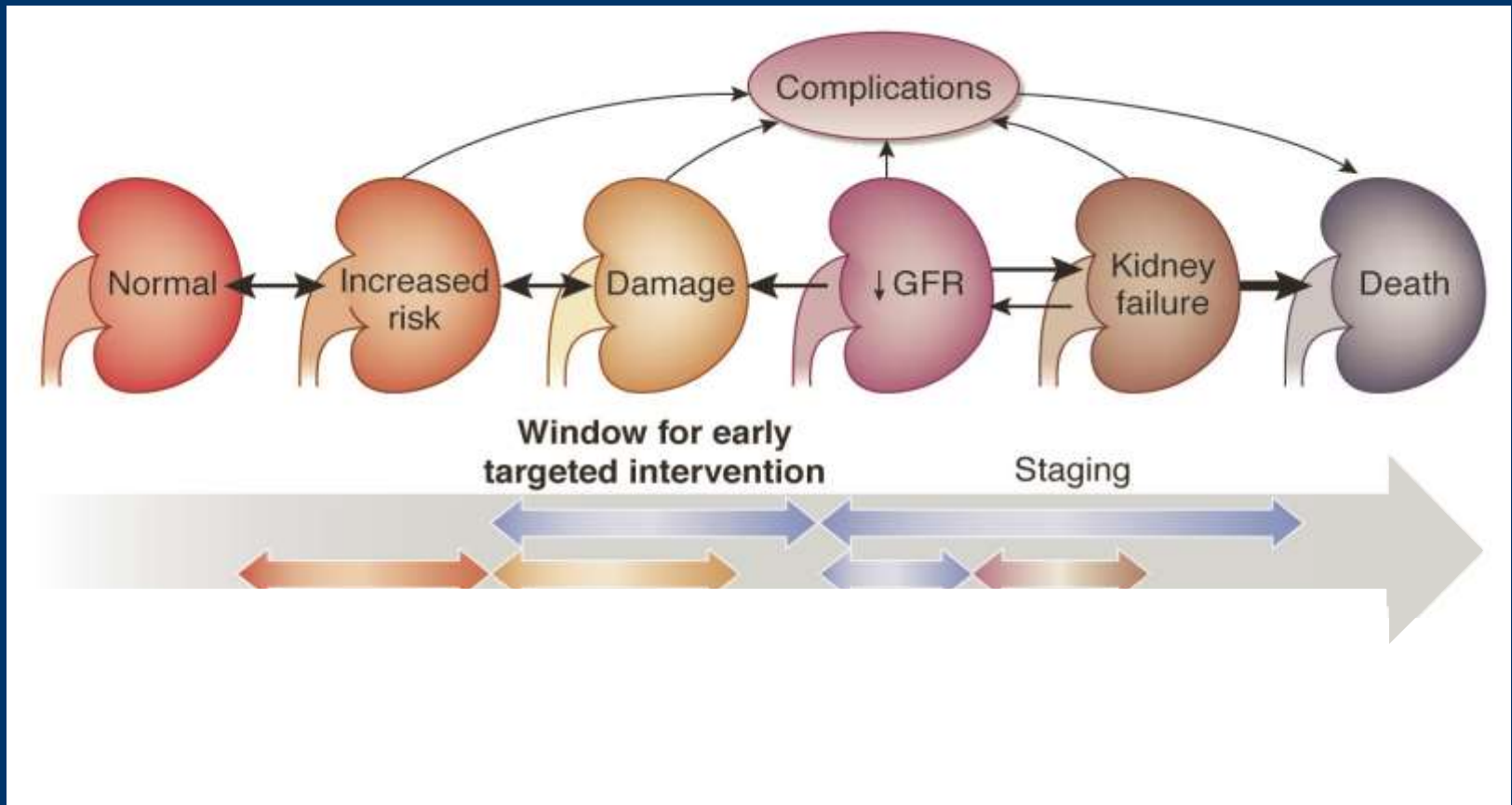
Disclosures

- **Baxter – Travel and presentation fees**
- **Alere – Research support**
- **Thrassos – Research support**

AKI: key points

- **AKI requiring renal replacement therapy (AKI-D) is associated with**
 - **High short-term mortality and morbidity**
 - **Long-term consequences including CKD and ESRD**
- **Methodological constraints limit our understanding of the recovery process, and hamper intervention**
- **AKI management may impact recovery**

The natural history of AKI



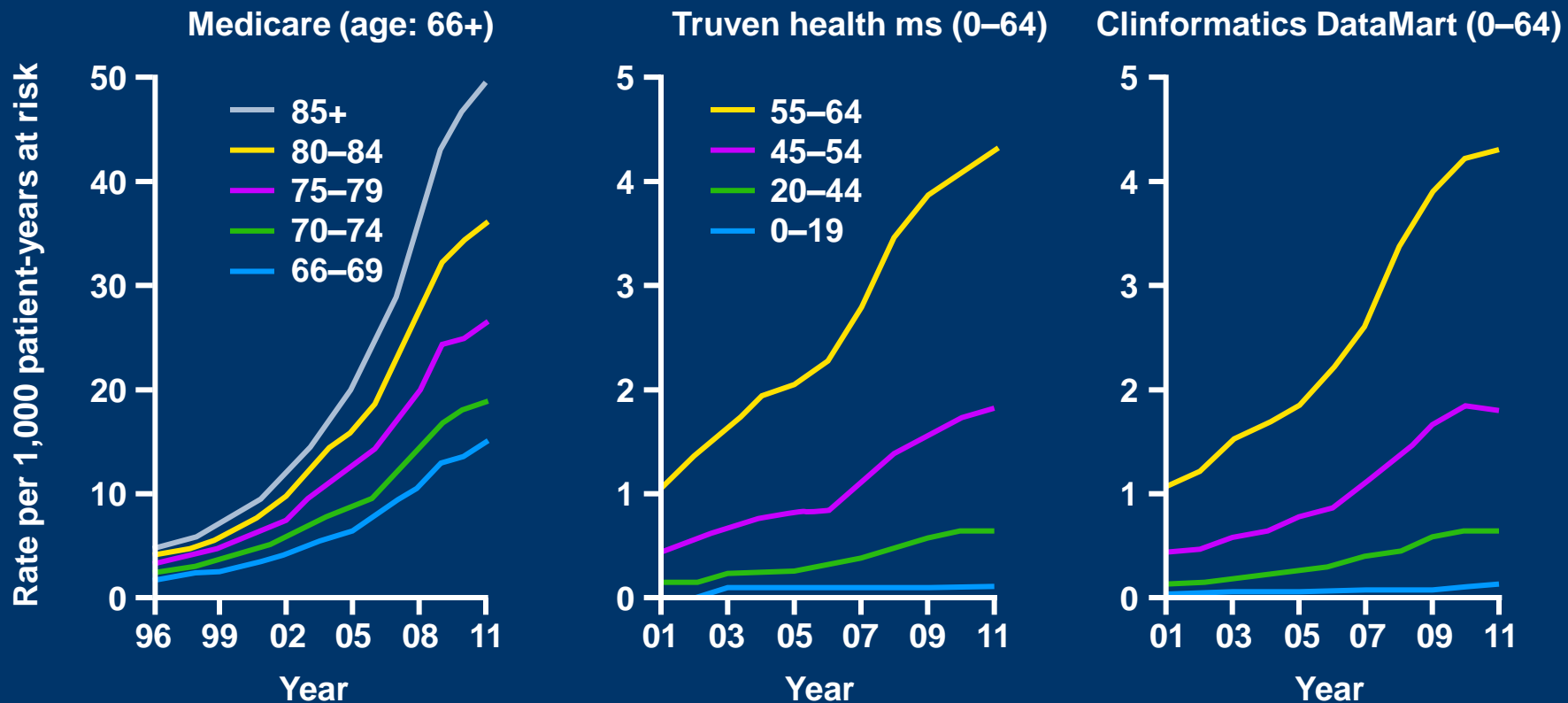
The consequences of AKI

- **The incidence of AKI seems to be increasing**

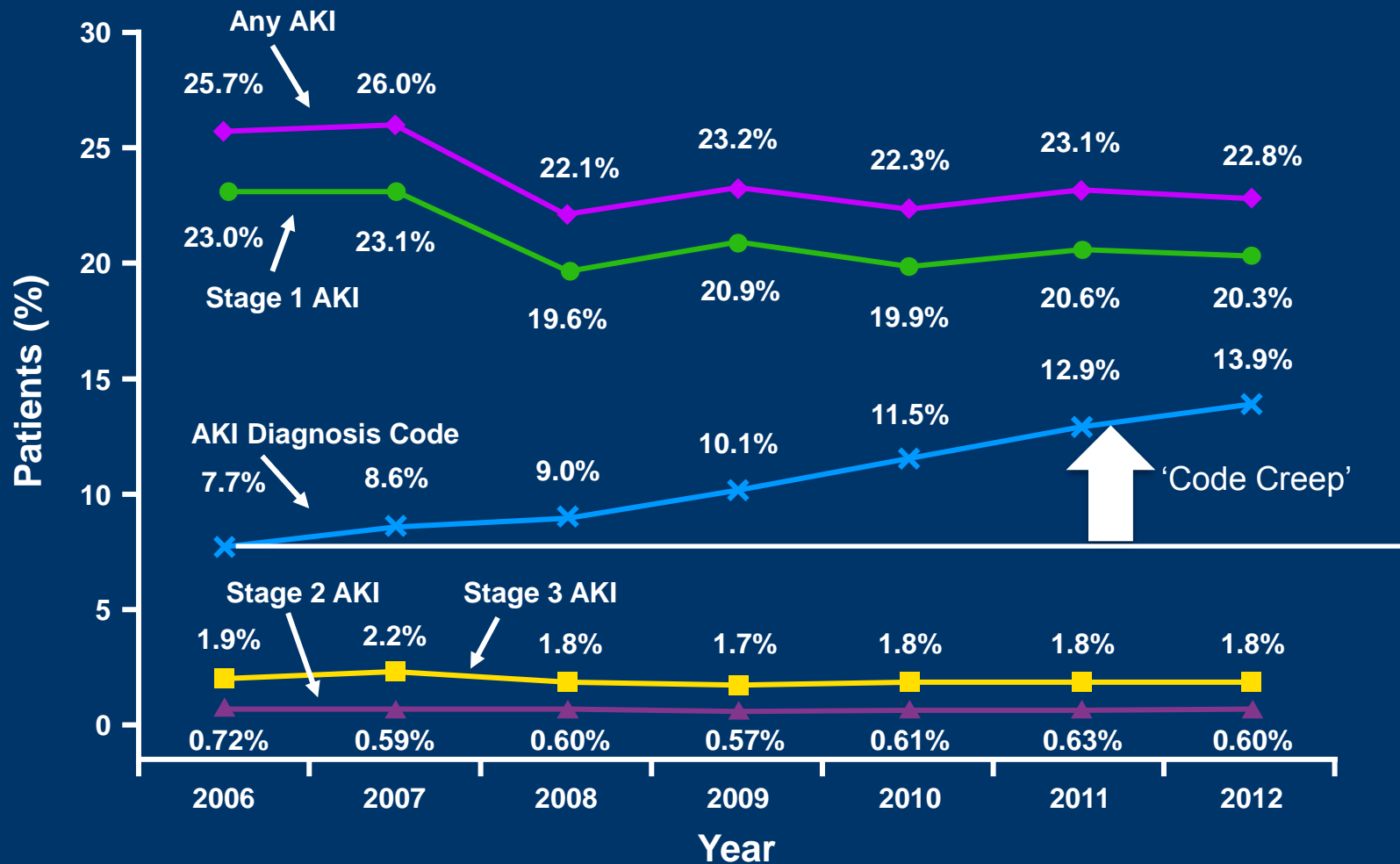
**Worldwide, approximately
2,000,000 people
will die of AKI
this year**

Hsu RK, et al. J Am Soc Nephrol 2013;24:37–42; Prescott GJ, et al. Nephrol Dial Transplant 2007;22:2513–9;
Cerdá J, et al. Clin J Am Soc Nephrol 2015; Mehta, Cerdá et al. Lancet 2015;
Uchino S, et al. JAMA 2005;294:813–8; Hoste EA, et al. Crit Care 2006;10:R73;
Ali T, J Am Soc Nephrol 2007;18:1292–8; Cerdá J, et al. Nat Clin Pract Nephrol 2008;4:138–53

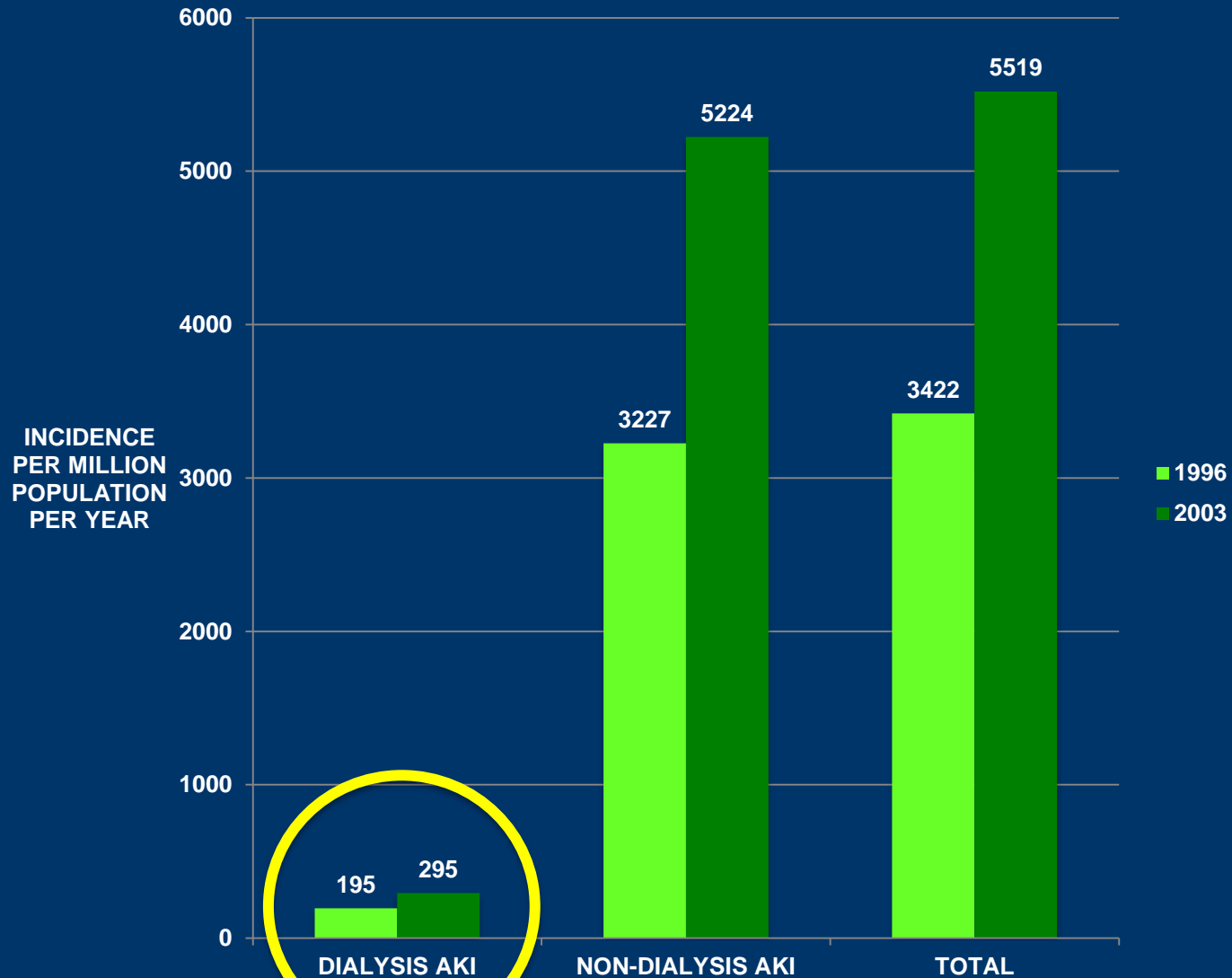
Increasing incidence of AKI: rates of AKI by age and dataset (US)



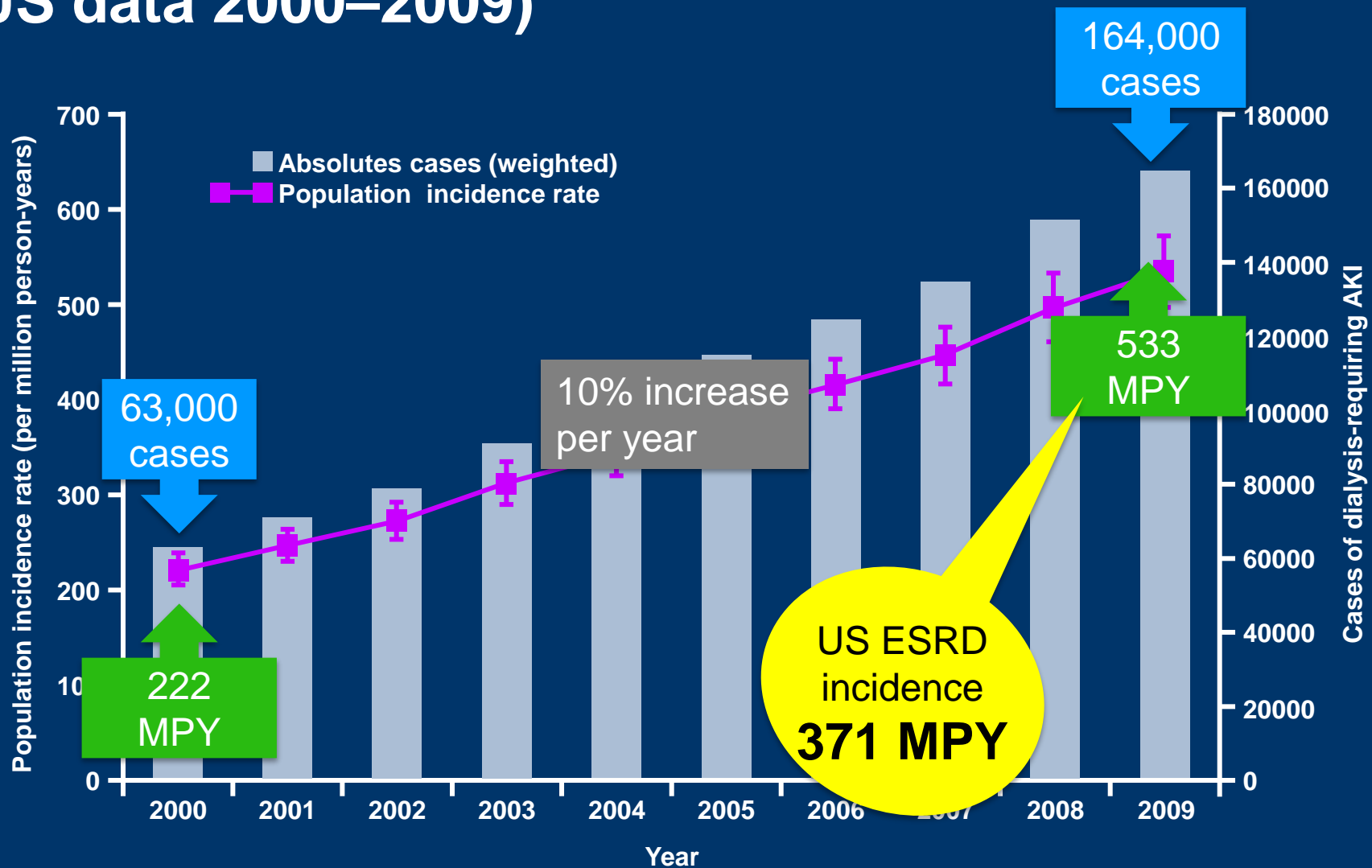
Hospitalised patients experiencing AKI (US veterans, 2006–2012)



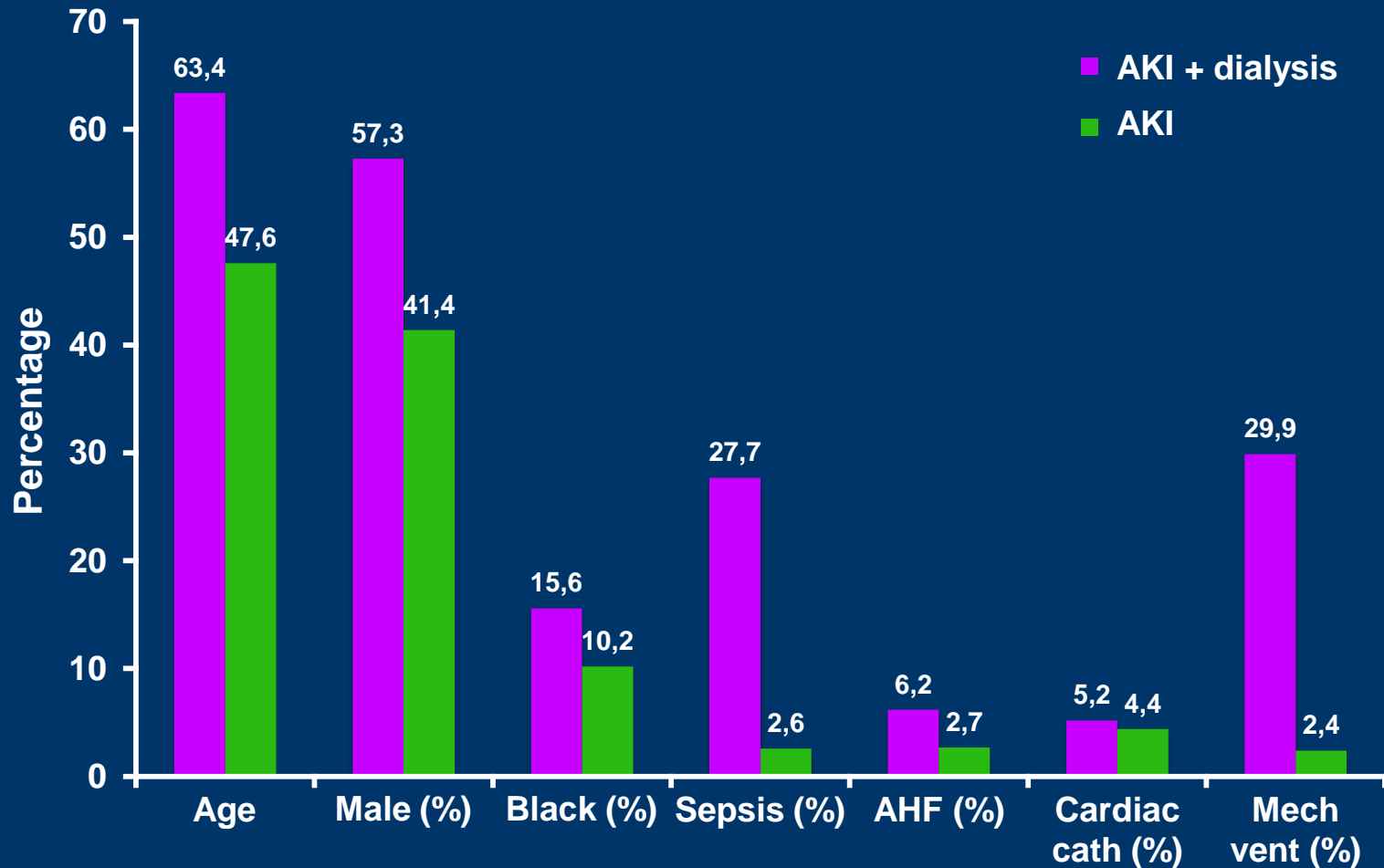
Rising incidence of AKI



Incidence of dialysis-requiring AKI (US data 2000–2009)

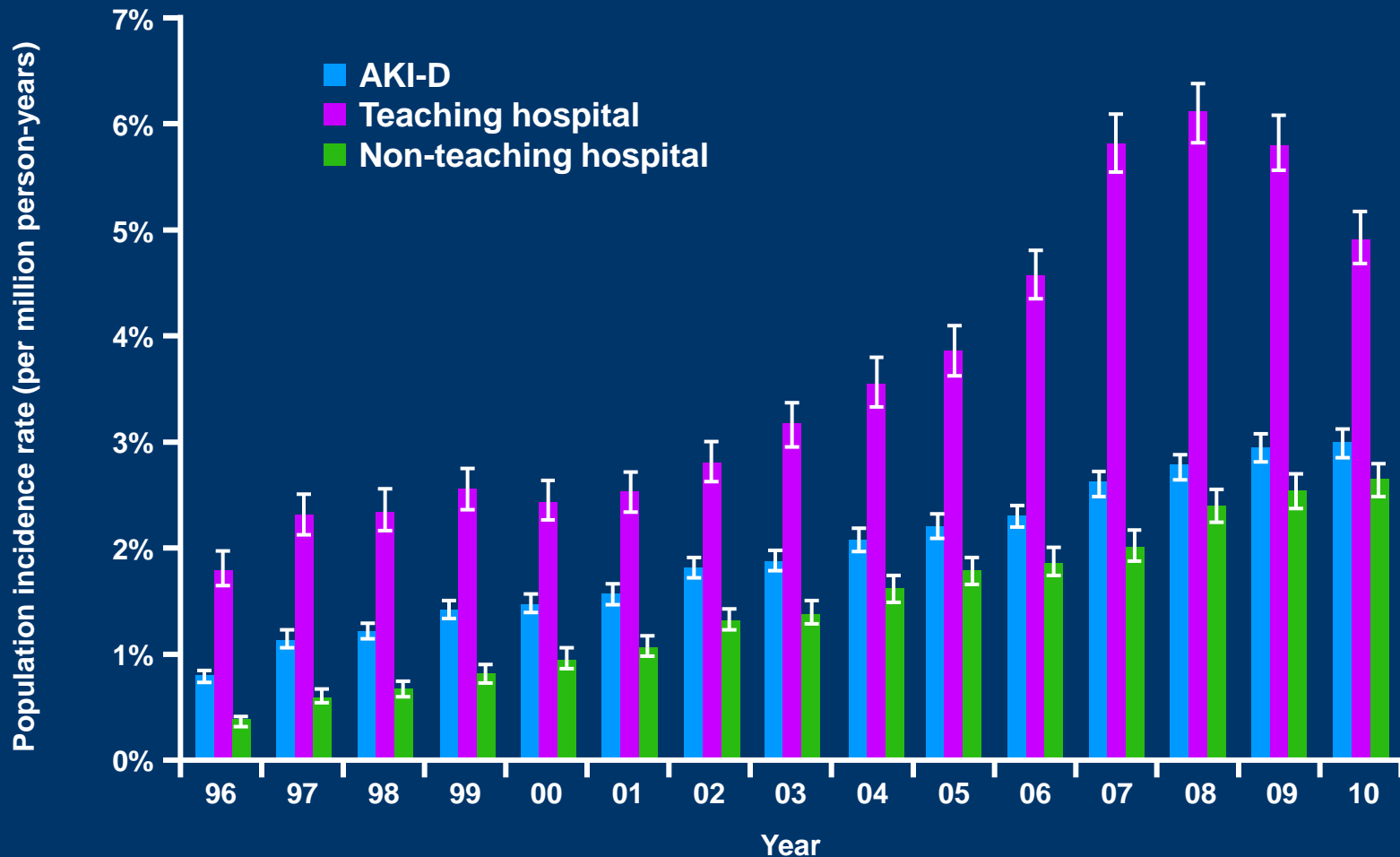


Demographic and baseline disease characteristics of patients with dialysis-requiring AKI



AHF, acute heart failure; Cardiac cath, cardiac catheterisation;
Mech ventilation, mechanical ventilation

Annual incidence of severe AKI has increased



Annual incidence of dialysis-requiring AKI (AKI-D) as a proportion of intensive care unit admissions, stratified by hospital teaching status

Wald R, et al. Am J Kidney Dis 2014; Dec 17 [Epub ahead of print]

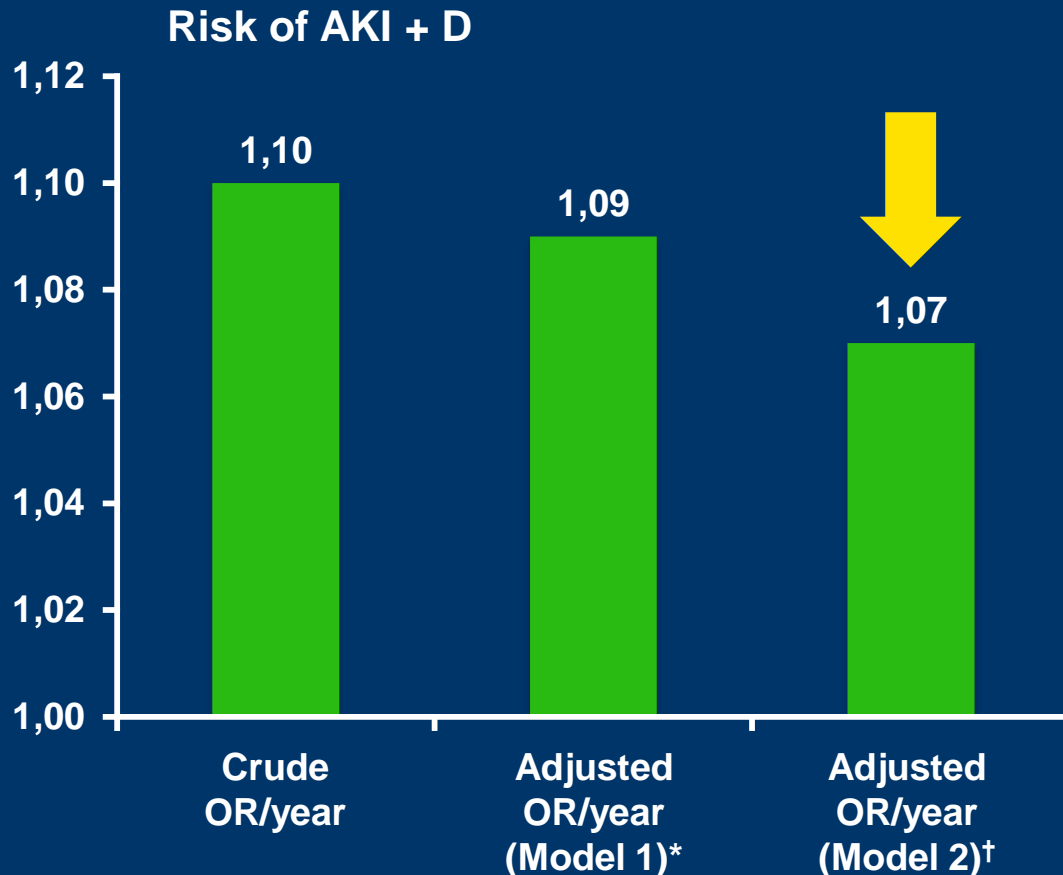
Over time, AKI-D mortality seems to be diminishing

The 90-day and 1-year all-cause mortality following dialysis-requiring AKI, by era

Outcome	1996–2000 (n=4771)	2001–2005 (n=6820)	2006–2010 (n=9643)
Death up to day 90			
N (%)	2381 (49.9)	3115 (45.7)	4345 (45.0)
Adjusted HR (95% CI)	1.00 (reference)	0.8 (0.84–0.93)	0.83 (0.79–0.87)
Death up to day 365			
N (%)	2728 (57.2)	3663 (53.7)	5096 (52.8)
Adjusted HR (95% CI)	1.00 (reference)	0.90 (0.85–0.94)	0.84 (0.80–0.88)



Risk of AKI-D among hospitalised US patients (2000–2009)



1/3
of increased
risk

Adjusted for:

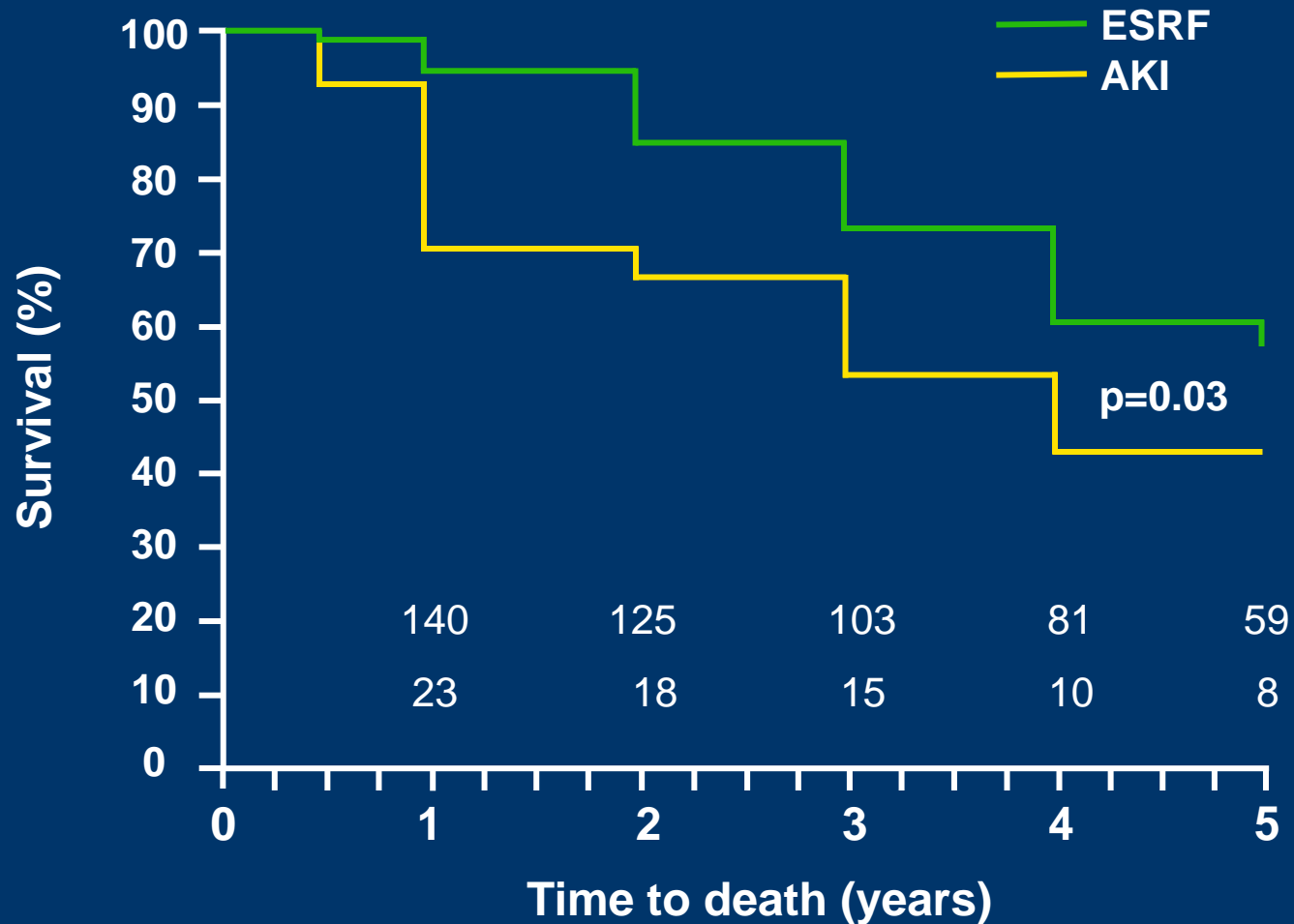
- Demographics
- Sepsis
- Acute heart failure
- Cardiac catheterisation
- Mechanical ventilation

OR, odds ratio

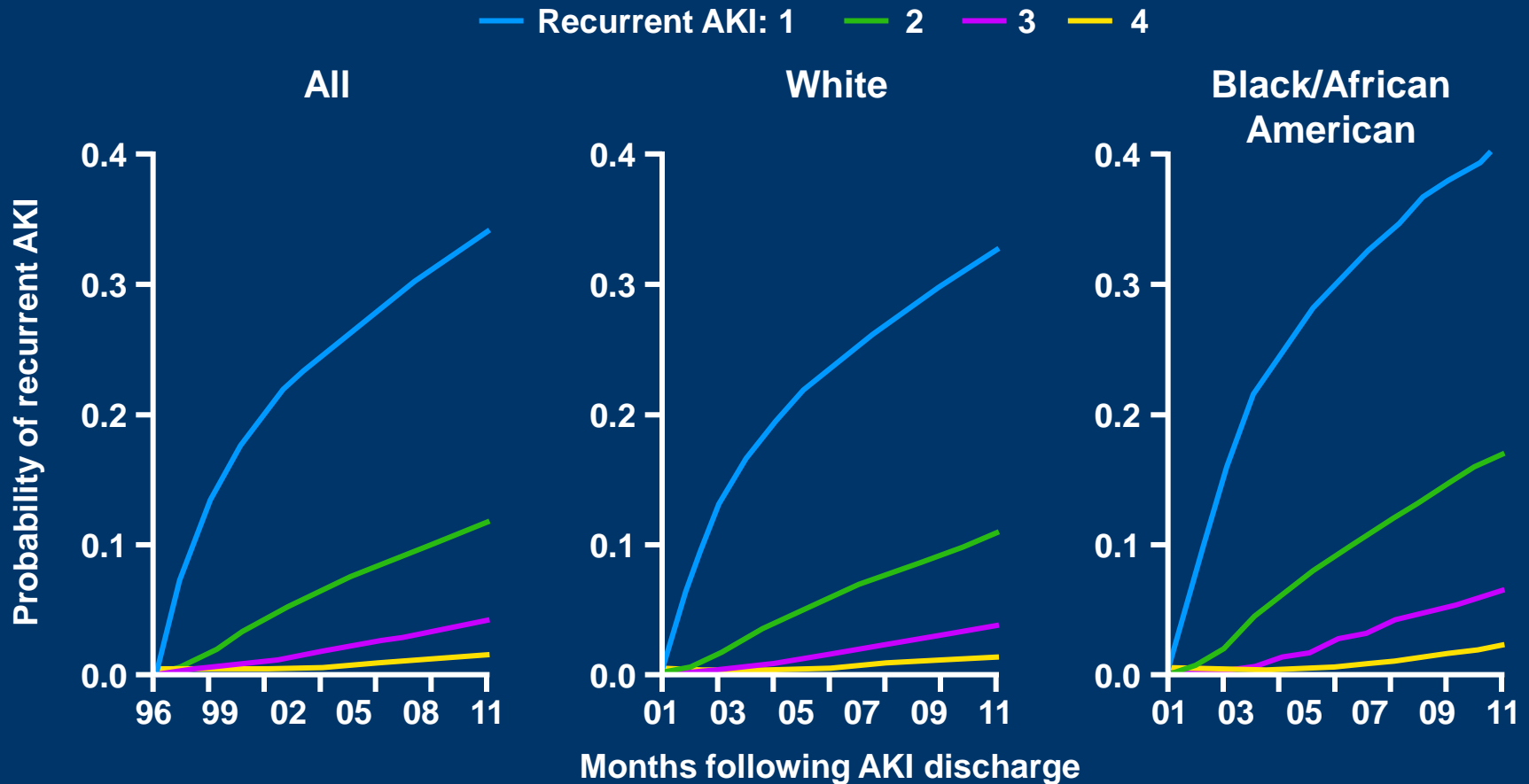
*Adjusted for age, sex and race; †adjusted for age, sex, race, sepsis, acute heart failure, cardiac catheterisation and mechanical ventilation

Hsu RK, et al. J Am Soc Nephrol
2013;24:37–42

ESRF after acute renal failure: effect on survival



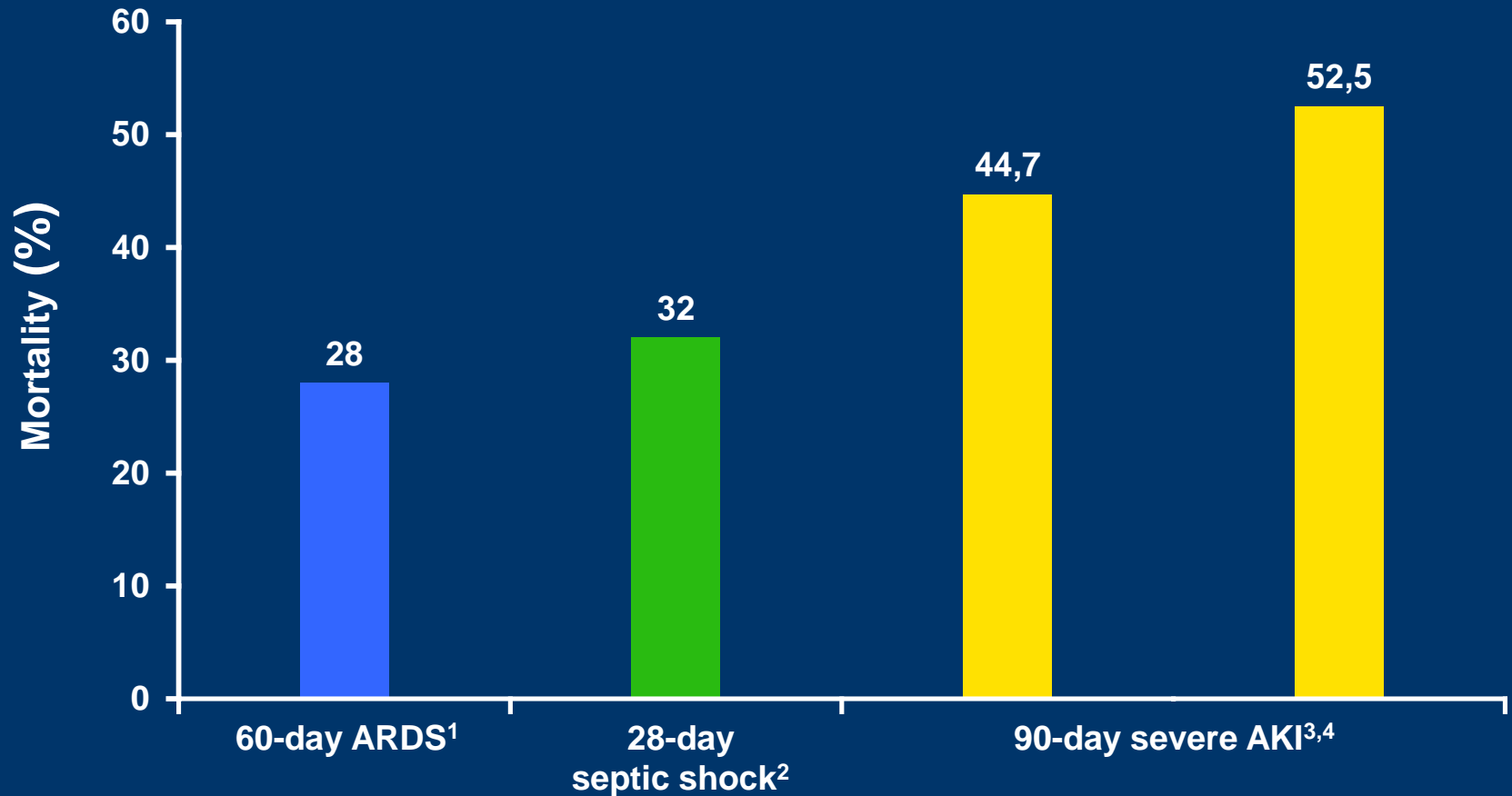
Probability of a recurrent AKI **re-hospitalisation** in Medicare patients, by number of recurrent events and race (2010–2011)



The consequences of AKI

- AKI-associated mortality is high, and greater than other acute serious conditions
 - Adverse outcomes are mitigated when severity is less and duration of AKI is shorter
 - But we currently don't have measures to further decrease severity or shorten duration

AKI-associated mortality is more severe than other common ICU conditions



ARDS, acute respiratory distress syndrome;
ICU, intensive care unit

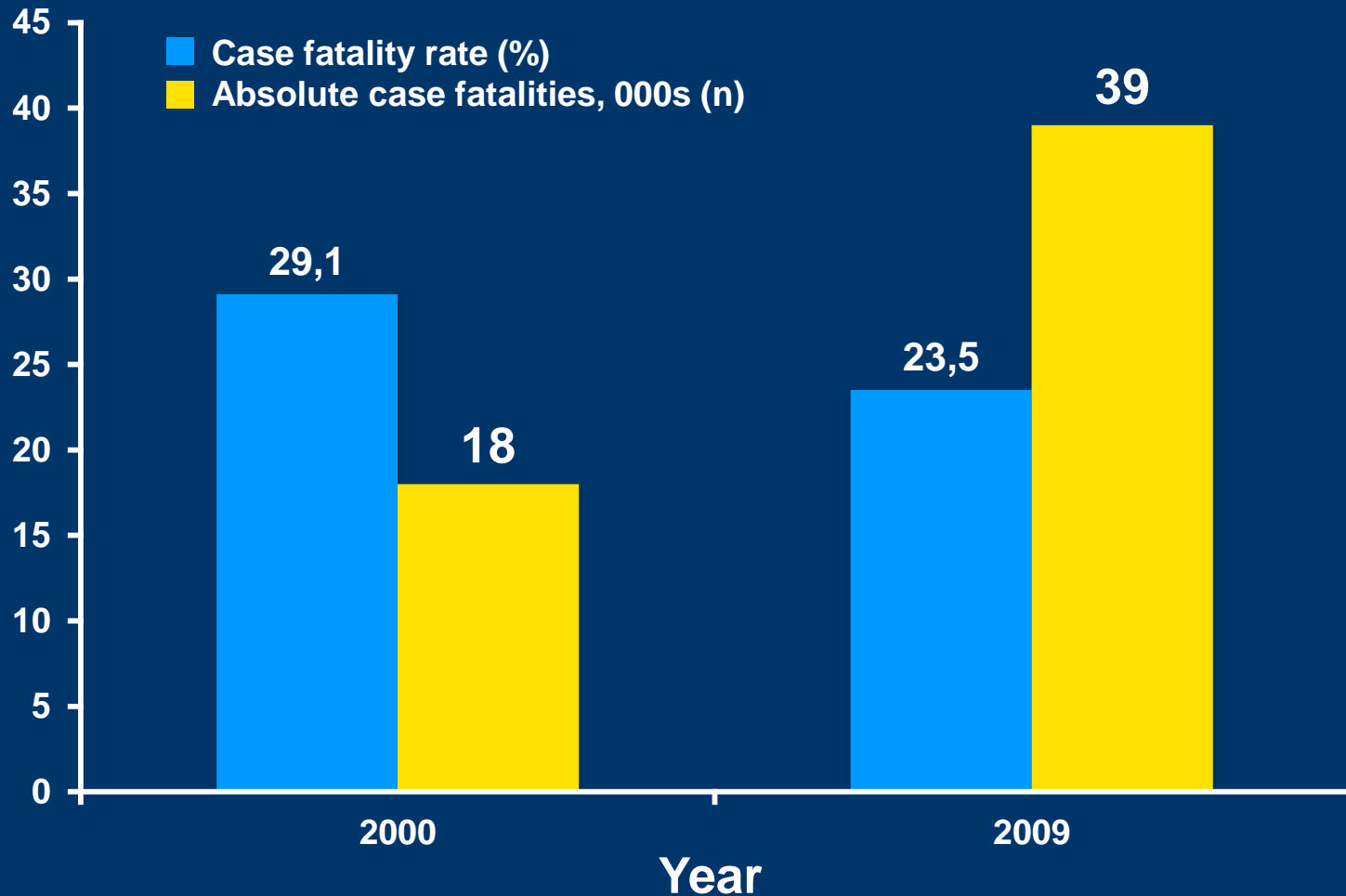
1. Wiedemann HP, et al. N Engl J Med 2006;354:2564–75;
2. Sprung CL, et al. N Engl J Med 2008;358:111–24;
3. Bellomo R, et al. N Engl J Med 2009;361:1627–38;
4. Palevsky PM, et al. N Engl J Med 2008;359:7–20

The consequences of AKI

- AKI-associated mortality is high, and greater than other acute serious conditions¹⁻³
- We need new research to:
 - Identify effective AKI management strategies
 - Identify strategies to improve kidney recovery

1. Xue JL, et al. J Am Soc Nephrol 2006;17:1135–42;
2. Uchino S, et al. Intensive Care Med 2007;33:1563–70;
3. Palevsky PM, et al. N Engl J Med 2008;359:7–20

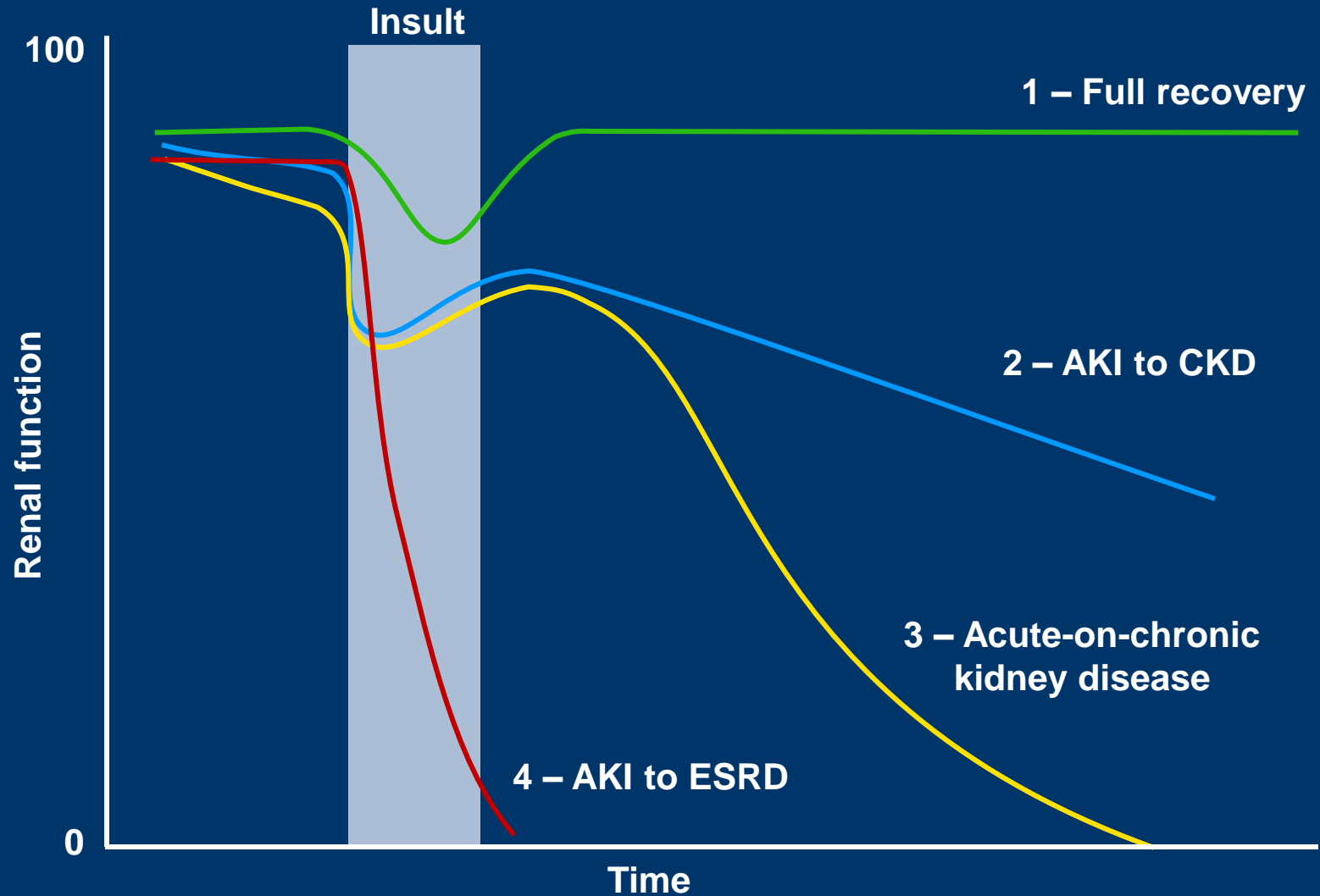
Although case fatality rate is lower, absolute number of deaths increased



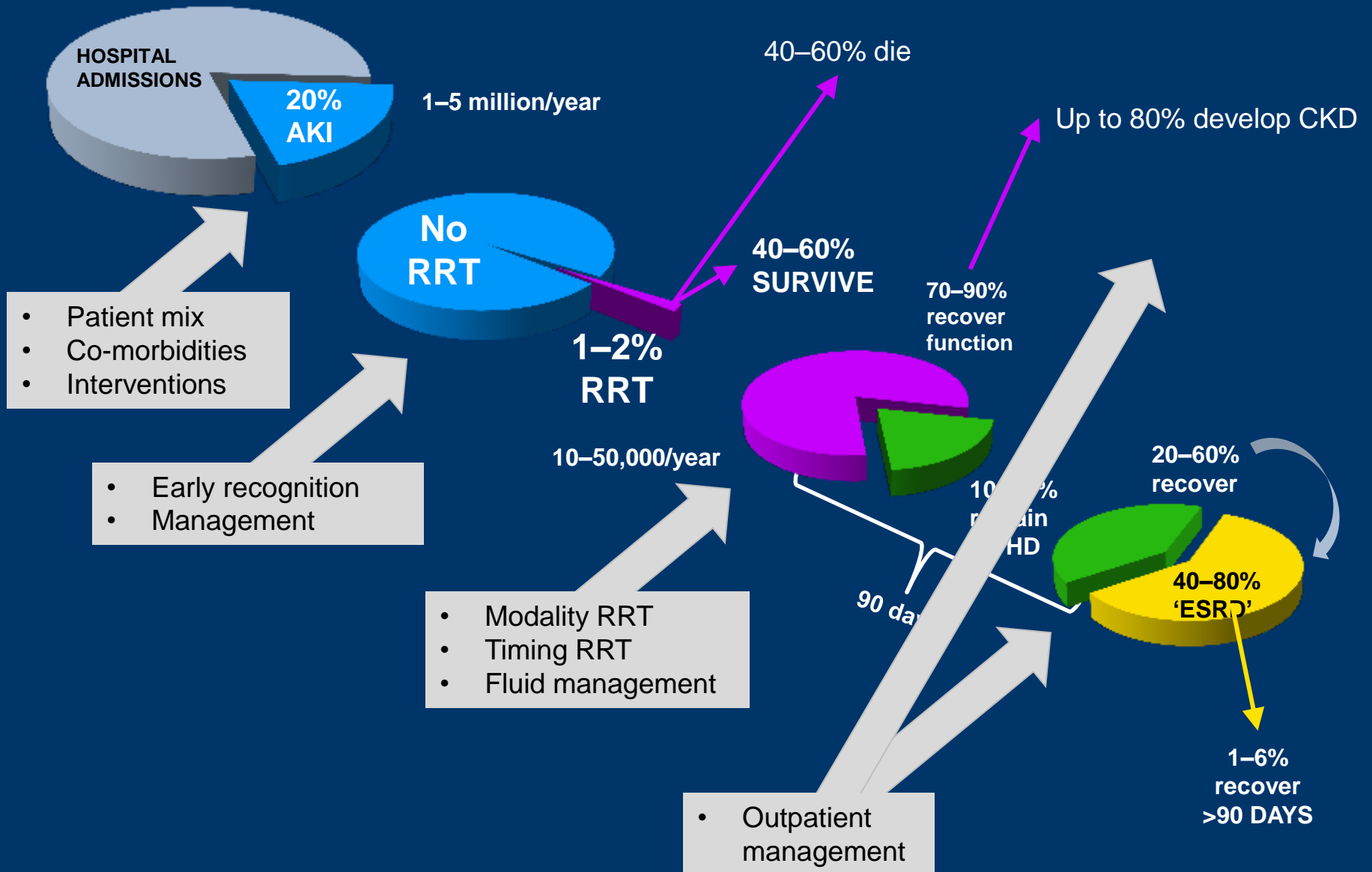
The consequences of AKI

- Kidney function recovery in AKI-D is best studied in the context of **ICU** stay
 - 10–30% of AKI-D survivors remain dialysis-dependent at discharge
 - Majority of evidence: B.E.S.T. study (n=1,006, 54 ICUs, 23 countries): 15% survivors were RRT-dependent at hospital discharge

Natural history of AKI



Natural history of AKI-D



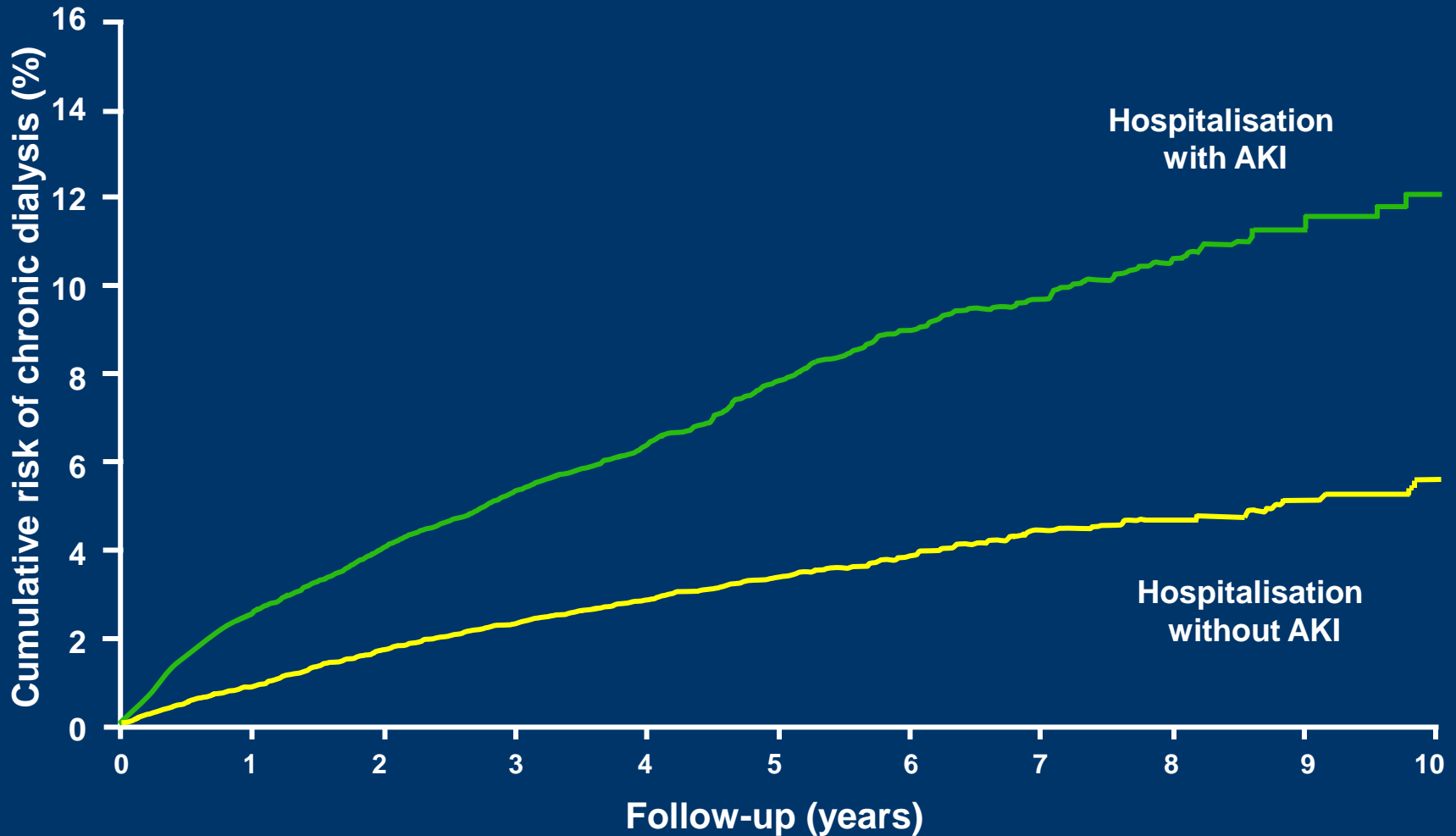
The consequences of AKI-D

- Kidney function recovery in AKI-D post discharge is poorly understood
 - By convention, **90 days** is an important time point because it (usually) defines when ESRD has been reached
 - Continued RRT dependence up to 90 days ranges between **16–29%**

Long-term, patients with AKI-D, who become independent within 90 days, experience multiple complications:

- CKD and ESRD
- Bone fractures
- Upper GI bleed
- Stroke
- Cardiovascular events
- Death

Severe AKI is associated with CKD



AKI increases risk of CKD and death post-discharge

Risk of chronic dialysis, all-cause mortality and rehospitalisation among hospitalised patients with acute kidney injury versus hospitalised patients with no acute kidney injury

Outcome	Acute kidney injury in the index hospitalisation (n=41,327)		No acute injury in the index hospitalisation (n=41,327)		Hazard ratio (95% CI)	
	Number of events (%)	Incidence rate per 100 person-years	Number of events (%)	Incidence rate per 100 person-years	Unadjusted*	Adjusted†
Chronic dialysis	1876 (4.5)	1.78	839 (2.0)	0.74	2.66 (2.39–2.95)	2.70 (2.42–3.00)
All-cause mortality	16,897 (40.9)	15.34	16,742 (40.5)	14.51	1.09 (1.06–1.13)	1.10 (1.07–1.13)
Rehospitalisation	26,387 (63.8)	44.93	24,372 (59.0)	37.18	1.20 (1.17–1.22)	1.21 (1.18–1.24)

*Reflects the effect of acute kidney injury versus matched individuals without kidney injury

†Further adjusted for age (continuous in years) and the propensity score for acute kidney injury

Long-term outcomes of patients with AKI-D who become independent within 90 days

- Large cohort data suggest that 1 in every 12 AKI-D survivors who become RRT-independent will eventually need long term dialysis within 3–5 years^{1,2}
- Therefore, **90-day post-discharge nephrology care is essential**
 - Avoid progression
 - Prepare for ESKD

1. Harel Z, et al. BMC Nephrol 2014;15:114;

2. Wald R, et al. JAMA 2009;302:1179–85

What management factors affect recovery?

- No single management strategy has been proven beneficial to promote recovery
- The lack of evidence-based clinical guidelines is concerning

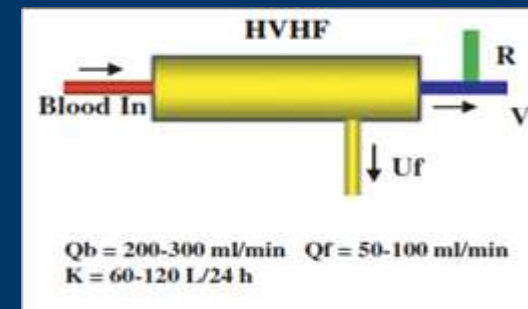
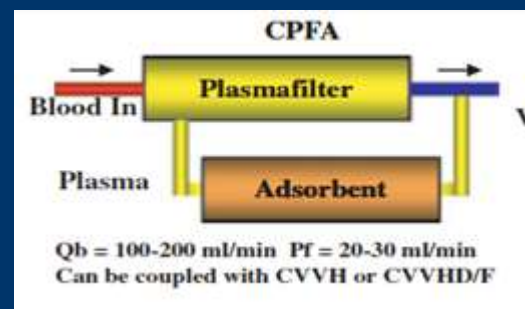
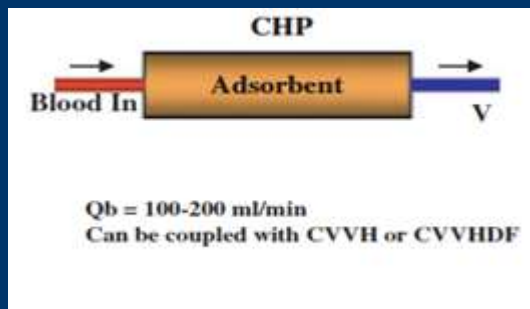
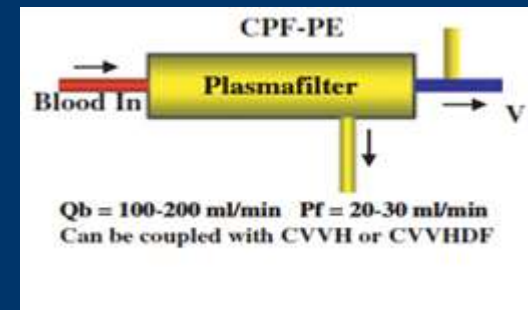
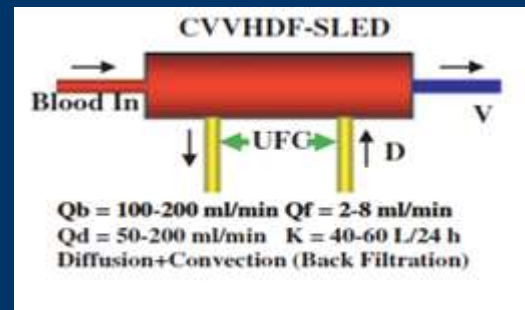
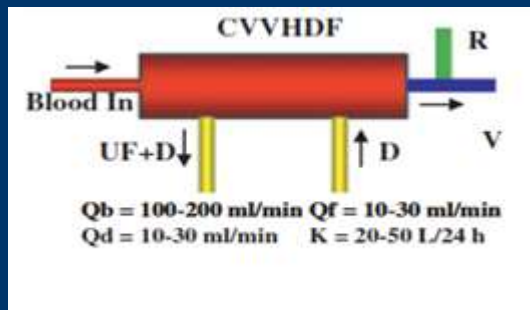
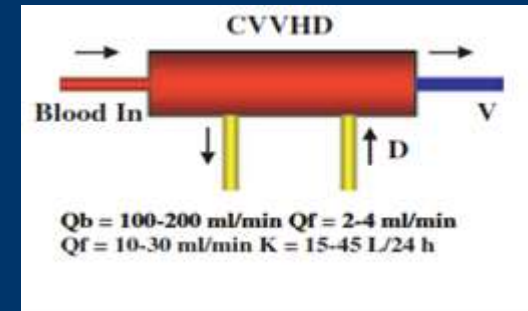
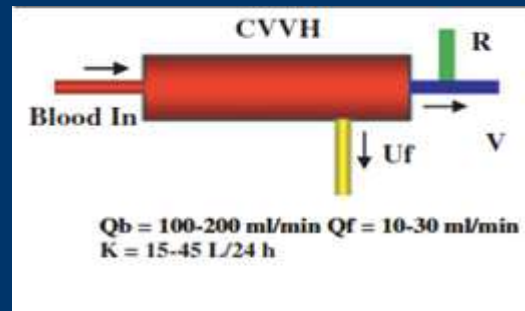
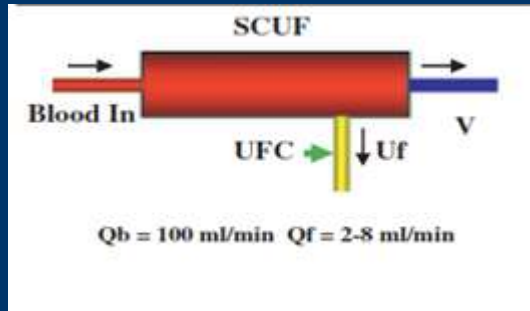
What management factors affect recovery?

- **Do modifications in RRT hasten recovery?**
 - Modality
 - Fluid overload
 - Timing of RRT
 - Dialysis dose
 - Anticoagulation strategies
 - Dialysis membranes

Considerations in renal replacement therapy for AKI

Consideration	Components	Varieties
Dialysis modality	Intermittent haemodialysis Continuous renal replacement therapies Peritoneal dialysis	Daily, every other day, SLED AV, VV
Dialysis biocompatibility Dialysis performance	Membrane characteristics Efficiency Flux	
Dialysis delivery	Timing of initiation Intensity of dialysis Adequacy of dialysis	Early, late Prescription vs delivery Dialysis dose

Modalities of CRRT

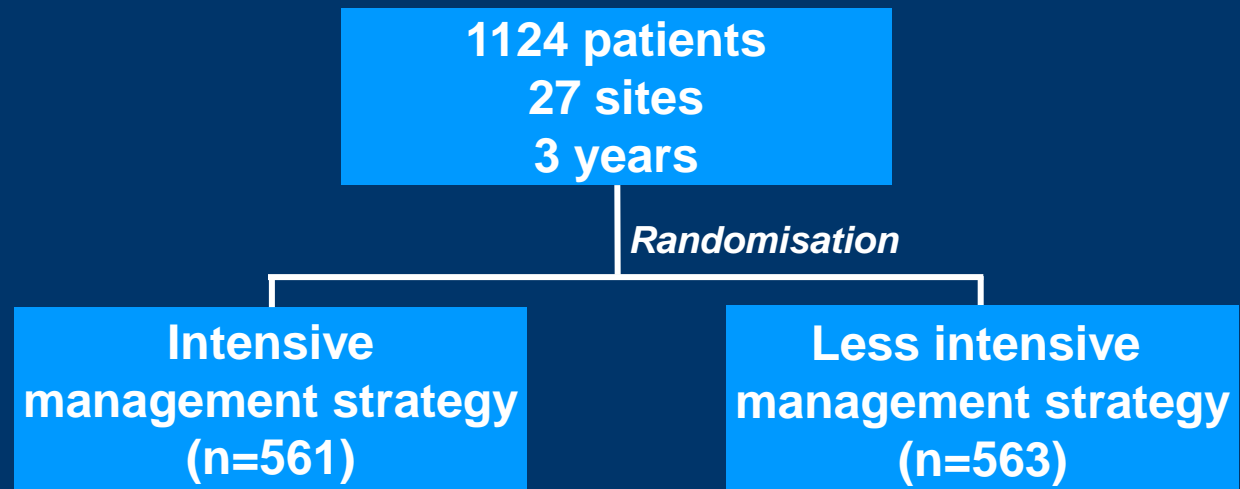


CAVH, continuous arterio-venous haemofiltration; CHP, continuous haemoperfusion; CPFA, plasma filtration coupled with adsorption; CPF-PE, continuous plasmafiltration-plasma exchange; CVVH, continuous veno-venous haemofiltration; CVVHD, continuous veno-venous haemodialysis; CVVHDF, continuous veno-venous haemodiafiltration; CVVHDF, continuous high-flux dialysis; D, dialysate; HVHF, high-volume haemofiltration; K, clearance, Pf, plasmafiltrate flow; Qb, blood flow; Qd, dialysate flow; Qf, ultrafiltration rate; R, replacement; SCUF, slow continuous ultrafiltration; UFC, ultrafiltration control system

Indications for specific RRT modalities

Therapeutic Goal	Haemodynamics	Preferred therapy
Fluid removal	Stable	Intermittent isolated UF
	Unstable	Slow continuous UF
Urea clearance	Stable	Intermittent haemodialysis
	Unstable	CRRT Convection: CAVH, CVVH Diffusion: CAVHD, CVVHD Both: CAVHDF, CVVHDF
Severe hyperkalaemia	Stable/unstable	Intermittent haemodialysis
Severe metabolic acidosis	Stable	Intermittent haemodialysis
	Unstable	CRRT
Severe hyperphosphoraemia	Stable/unstable	CRRT
Brain oedema	Unstable	CRRT

VA/NIH Acute Renal Failure Trial Network (ATN) study



Stable

haemodynamics
(SOFA 0–2)

- IHD 6x/week @ Kt/V of ~1.2/session

Unstable

haemodynamics
(SOFA 3–4)

- CVVHDF @ 35 mL/kg/hr, or
- SLED/EDD 6x/week

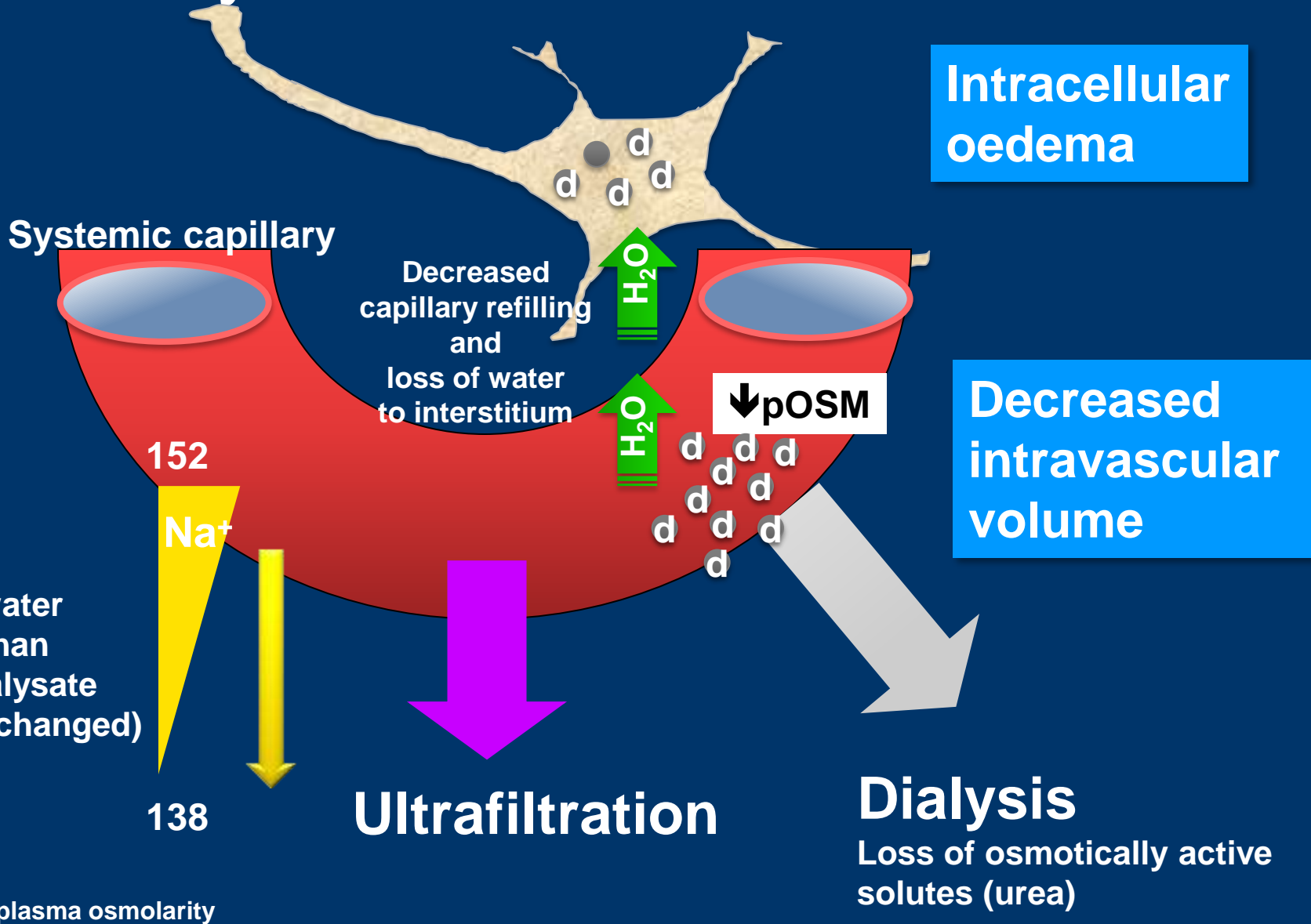
- IHD 3x/week @ Kt/V of ~1.2/session

- CVVHDF @ 20 mL/kg/hr, or
- SLED/EDD 3x/week

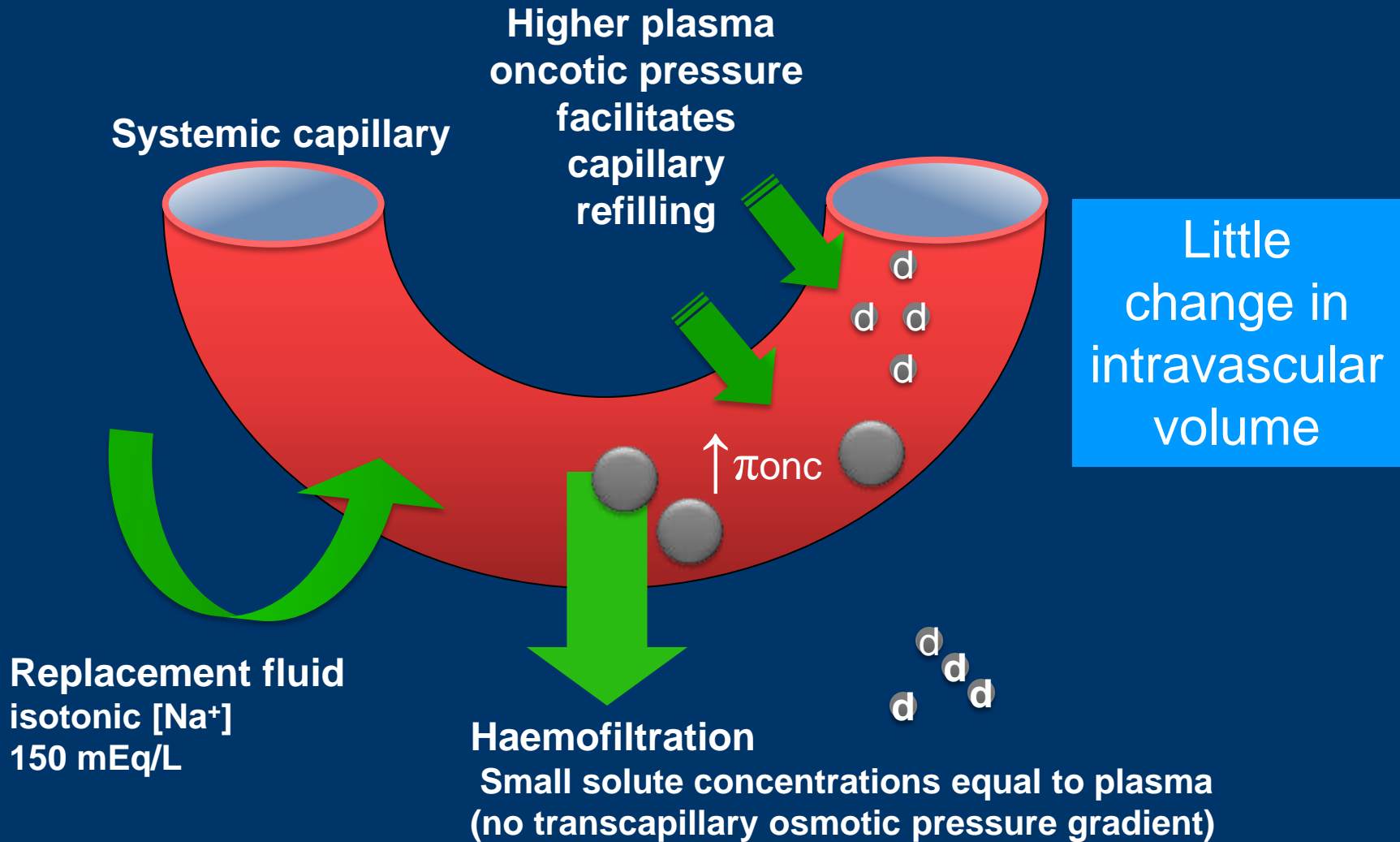
Haemodynamic stability during haemofiltration

- Intermittent haemodialysis
 - Fluid removal rate **12.5 mL/min** = 3 L fluid removal over 4 hours
- Continuous haemofiltration
 - Fluid removal rate **2 mL/min** = 3 L fluid removal over 24 hours
- If more fluid must be removed
 - To increase from 3 to 4 L/day:
 - IHD increases UFR 12.5 to 16.7 mL/min = 750 to 1002 mL/hr
 - CRRT increases UFR 2 to 2.7 mL/min = 120 to 162 mL/hr

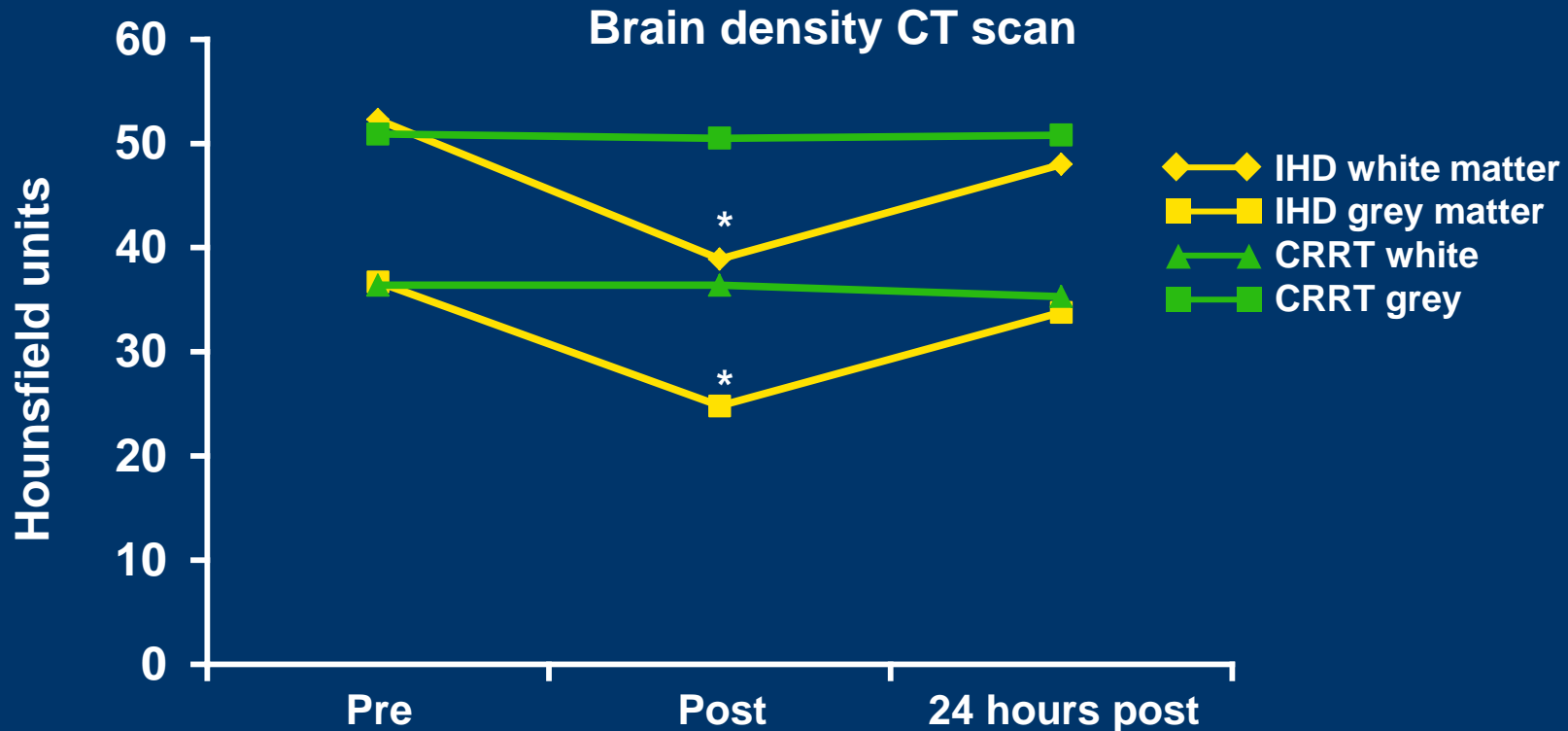
Haemodialysis



Haemofiltration



Brain density changes during renal replacement in critically ill patients with acute renal failure: continuous HF vs. IHD



*p < 0.01

Crossover, prospective, randomised study (n=12)

CT, computed tomography

Ronco C, et al. J Nephrol 1999;12:173-8

What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Modality**
 - CRRT generally considered superior to IHD to promote recovery
 - Better haemodynamic stability
 - Data are inconclusive

CRRT, continuous renal replacement therapy;
IHD, intermittent haemodialysis

Manns B, et al. Crit Care Med 2003;31:449–55;
Mehta RL, et al. Kidney Int 2001;60:1154–63;
Jacka MJ, et al. Can J Anaesth 2005;52:327–32;
Palevsky PM, et al. Curr Opin Crit Care 2005;11:548–54;
Uchino S, et al. Int J Artif Organs 2007;30:281–92;
Bell M, et al. Intensive Care Med 2007;33:773–80;
Augustine JJ, et al. Am J Kidney Dis 2004;44:1000–7;
Lins RL, et al. Nephrol Dial Transplant 2009;24:512–8

What management factors affect recovery?

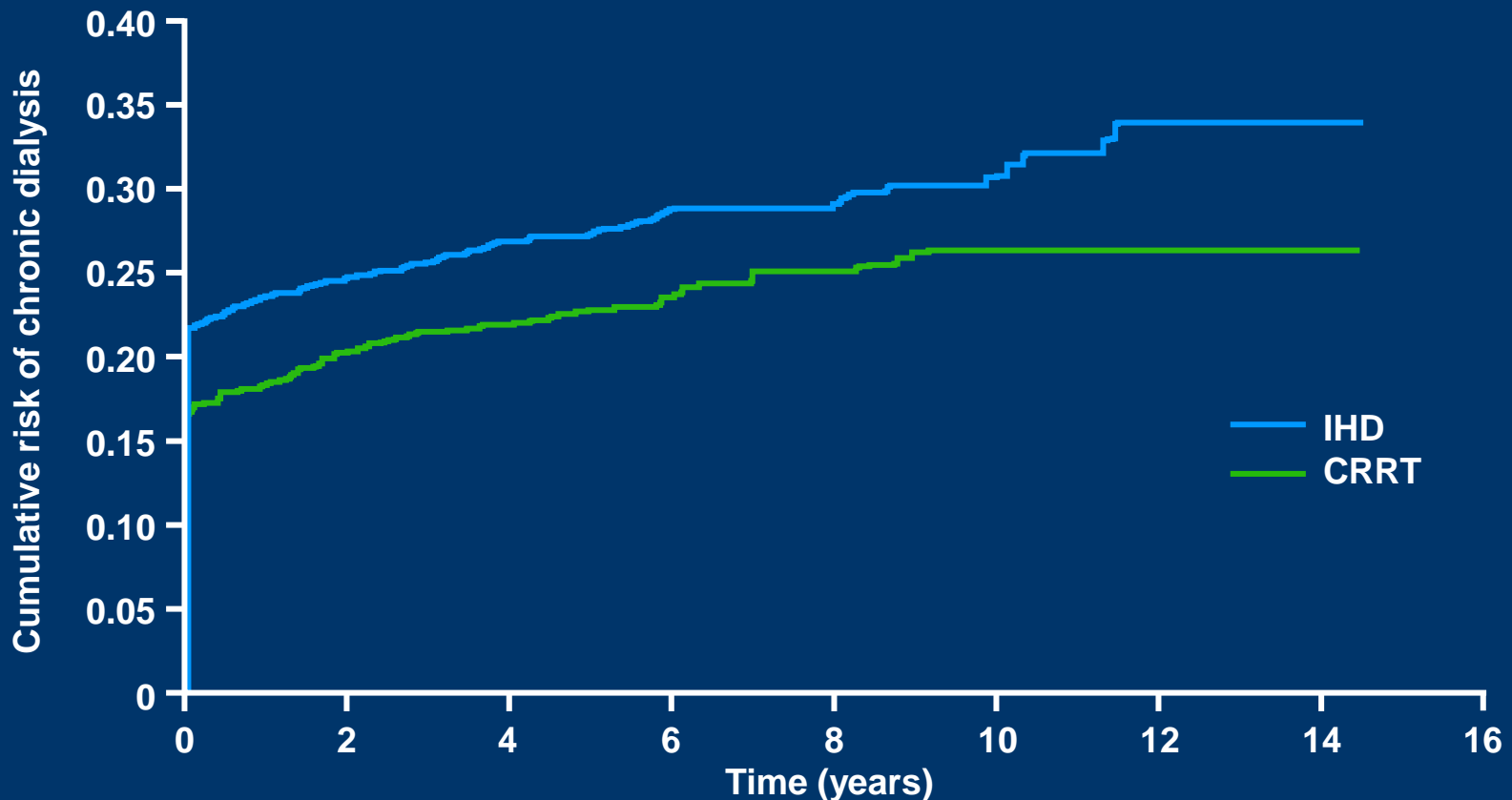
- Do modifications in RRT hasten recovery?
 - **Modality**

Outcomes for patients with AKI surviving to 90 days, initiated on CRRT versus IHD

Outcome	CRRT (n=2004)		IHD (n=2004)		Hazard ratio (95% CI) for CRRT vs IHD	p
	n (%)	Incidence rate per 100 person-years	n (%)	Incidence rate per 100 patient-years		
Chronic dialysis	435 (22)	6.5	533 (27)	8.2	0.75 (0.65–0.87)	<0.0001
Death	883 (44)	11.2	905 (45)	11.4	1.02 (0.91–1.14)	0.73

What management factors affect recovery?

Modality appears associated with recovery



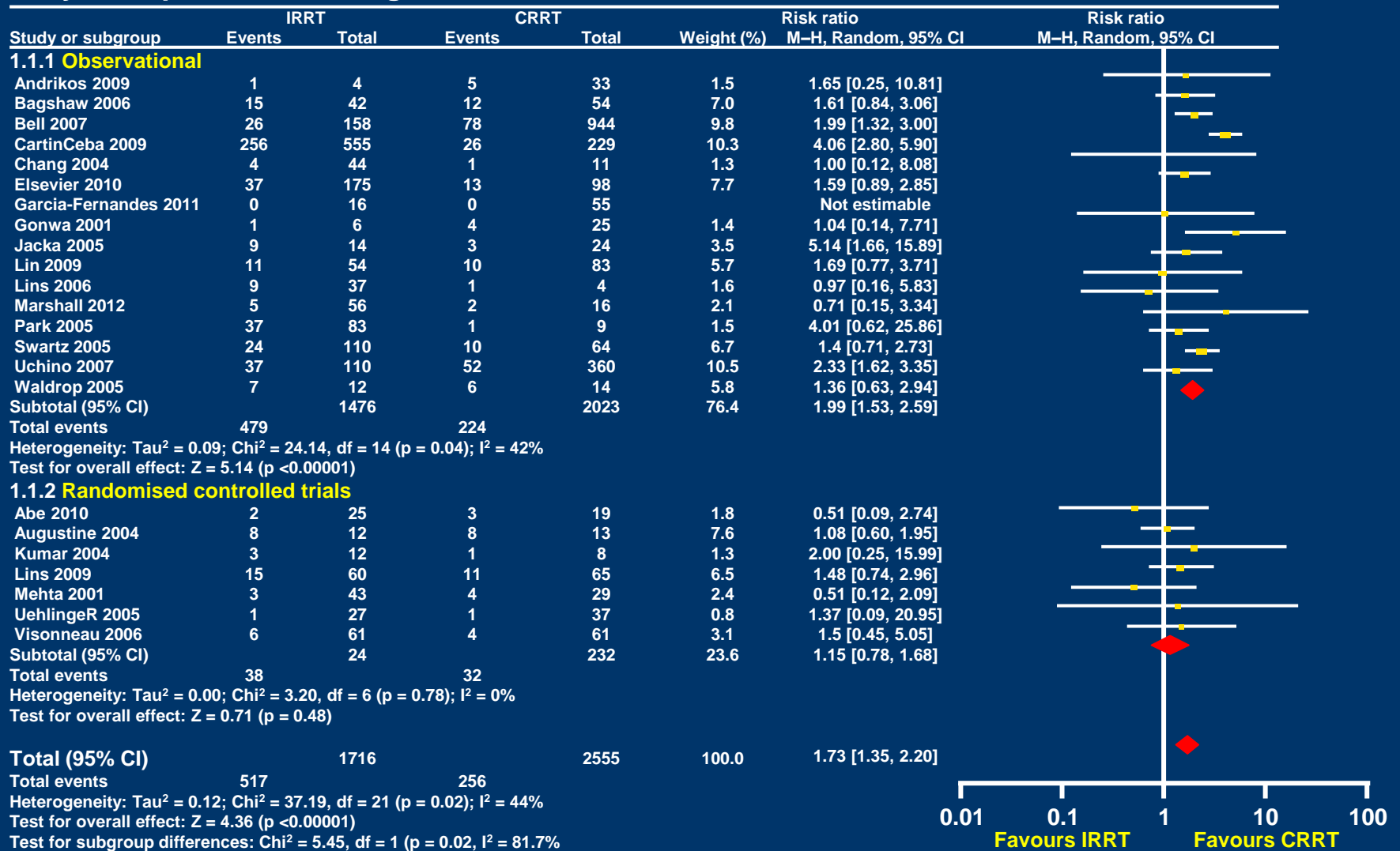
Critically ill patients with AKI surviving to day 90 after initiation of RRT, initially treated with CRRT or IHD

Wald R, et al. Crit Care Med 2014;42:868–77

What management factors affect recovery?

MODALITY – Meta-analysis

Dialysis dependence among survivors



IRRT, intermittent renal replacement therapy

Schneider AG, et al. Intensive Care Med 2013;39:987–97

What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Modality**
 - Association is physiologically plausible:
 - Animal models show lost autoregulation of blood flow during AKI
 - Hypotension likely induces repeated damage
 - Renal biopsies in patients with IHD show areas of new ischemia and tubular necrosis, absent in patients treated with CRRT

Why is CRRT associated with better haemodynamic stability?

- **Maintenance of intravascular compartment volume**
 - Prolonged treatments permit lower fluid removal rates
 - IHD: 3 L in 3 hours = 1 L/h UF rate
 - CRRT: 3 L in 24 hours = 0.125 mL/h UF rate
 - Urea diffusion is faster with IHD than CRRT
 - IHD: Urea clearance ~160 mL/min
 - CRRT: Urea clearance ~15–30 mL/min
 - **Convective sodium removal rate**
[haemofiltration/haemodiafiltration] is less than diffusive removal rate [haemodialysis]
- **Decreased core temperature**
- **Avoidance of 'myocardial stunning' described in IHD**
- **Convective removal of inflammatory mediators** may contribute to hemodynamic stability

Initiating a new CRRT program: “What is the evidence?”

- **Timing of initiation**
 - ? benefit of early vs. late initiation: next most important study
 - No RCT available
- **Modality**
 - No RCT demonstrates differences
 - Design problems: sample size, randomisation
 - Study will never be done again
- **Dose**
 - Ronco: Yes
 - ATN: No
 - RENAL: No
 - Are studies really comparable: convection vs diffusion
 - Can you realistically deliver the minimum dose in your critically ill patient?
- **Haemodynamic stability**
 - Brain oedema
 - Other non-renal apps
 - Renal functional recovery
- **Renal functional recovery**
- **Cost**

What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Modality**
 - CRRT generally considered superior to IHD to promote recovery in observational studies
 - Clinical trials need to address this question

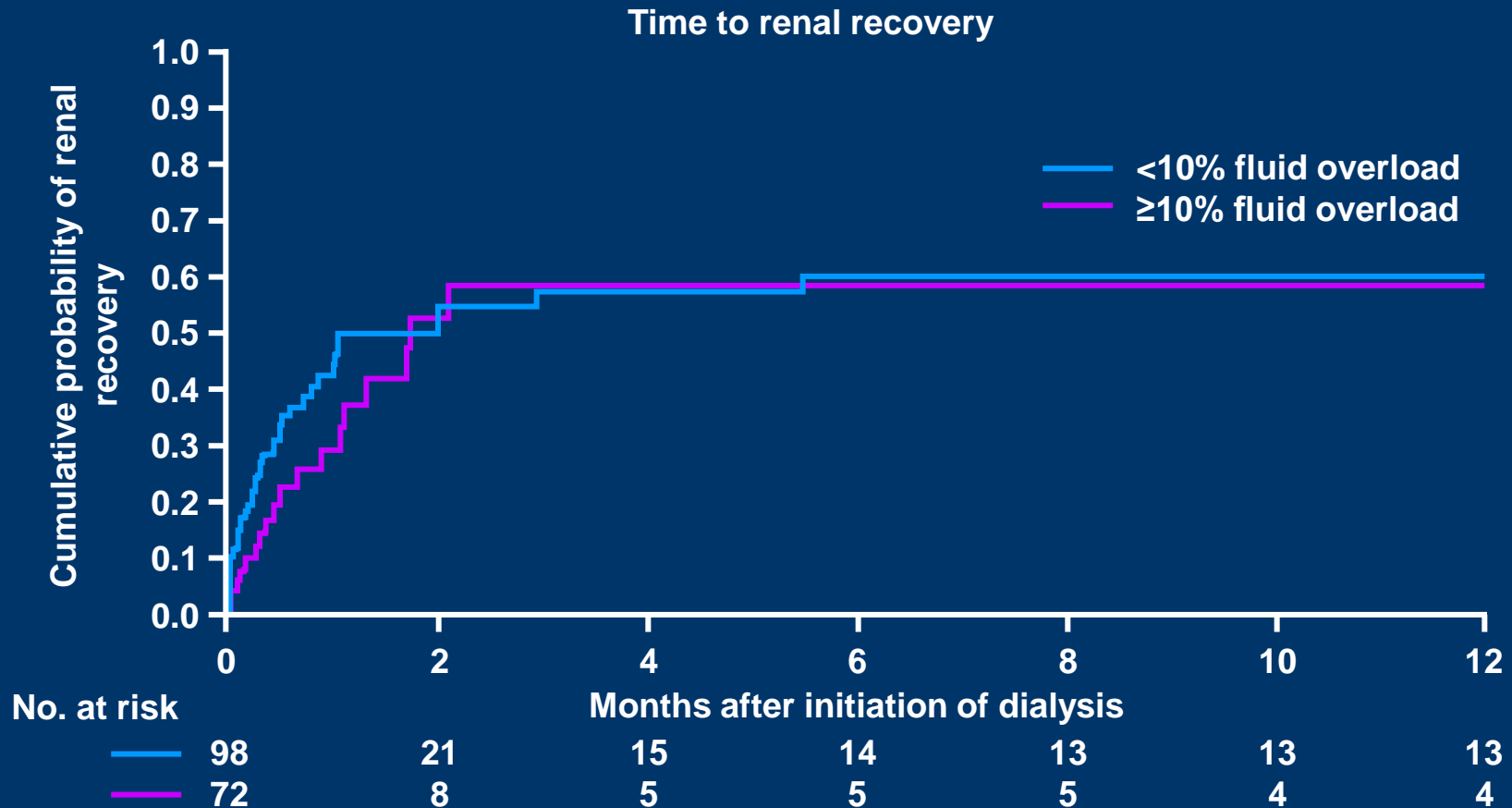
What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Fluid overload**
 - Initiation of dialysis to avoid fluid overload may have a beneficial effect on recovery
 - Initiation of RRT at >20% fluid overload may *delay* recovery

What management factors affect recovery?

- Do modifications in RRT hasten recovery?

- Fluid overload**



Heung M, et al. Nephrol Dial Transplant 2012;27:956–61;
Hayes LW, et al. J Crit Care 2009;24:394–400

What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Timing of RRT**
 - Optimal timing is unknown
 - Two systematic reviews found no benefit in 'early' initiation^{1,2}
 - What is timing?

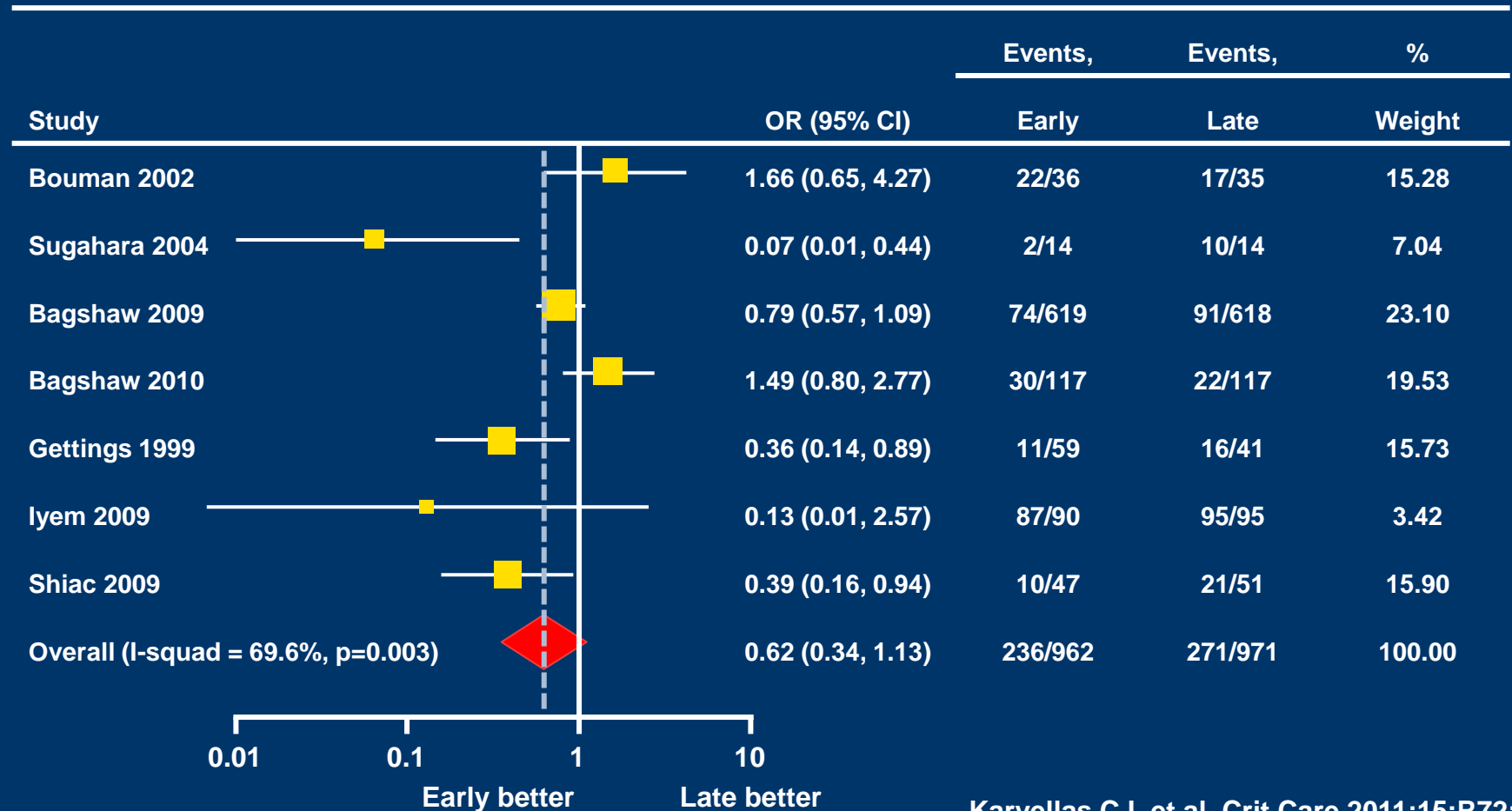
1. Karvellas CJ, et al. Crit Care 2011;15:R72;

2. Seabra VF, et al. Am J Kidney Dis 2008;52:272–84

What management factors affect recovery?

Timing of initiation of RRT

Reported RRT independence



What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Dialysis dose**
 - A higher dose **does *not* improve recovery**
 - Meta-analysis of the effects of intensity show no effect on recovery

What management factors affect recovery?

- Do modifications in RRT hasten recovery?
 - **Dialysis membrane**
 - Systematic Cochrane review demonstrates **no benefit**

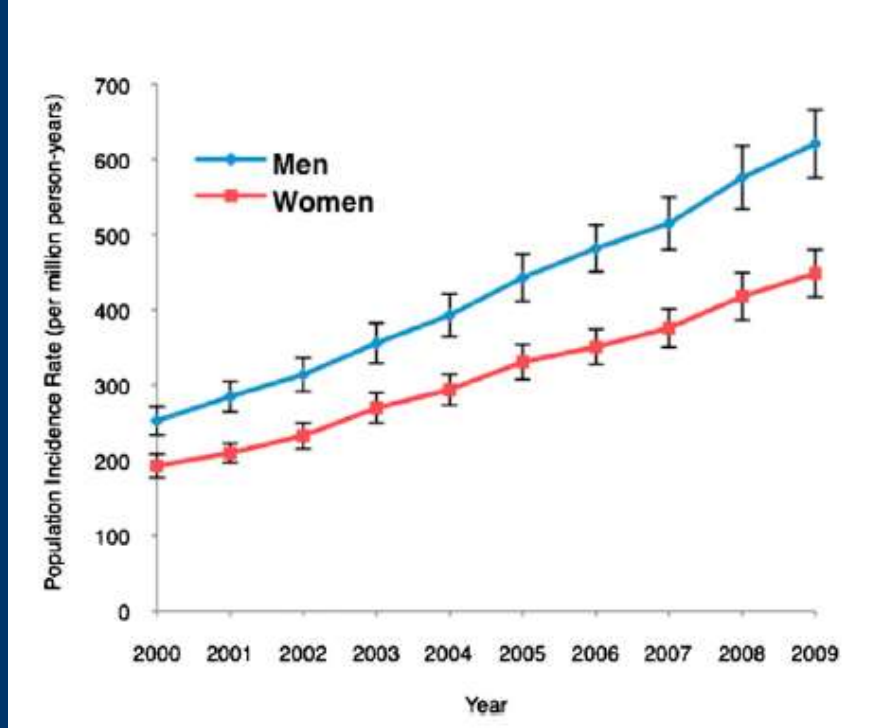
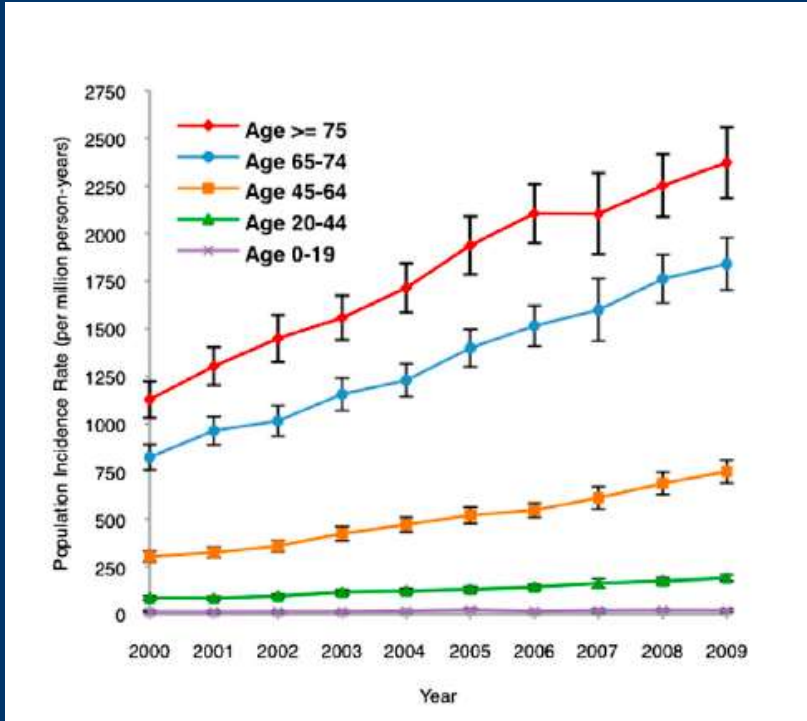
Conclusions

- **AKI-D is associated with severe morbidity and short- and long-term consequences**
- **AKI of lesser severity or duration is associated with better outcomes**
- **Significant methodological constraints limit understanding**
- **Haemodynamically unstable AKI patients may benefit from continuous RRT modalities**
- **RRT modality, timing and fluid management may promote better kidney recovery**

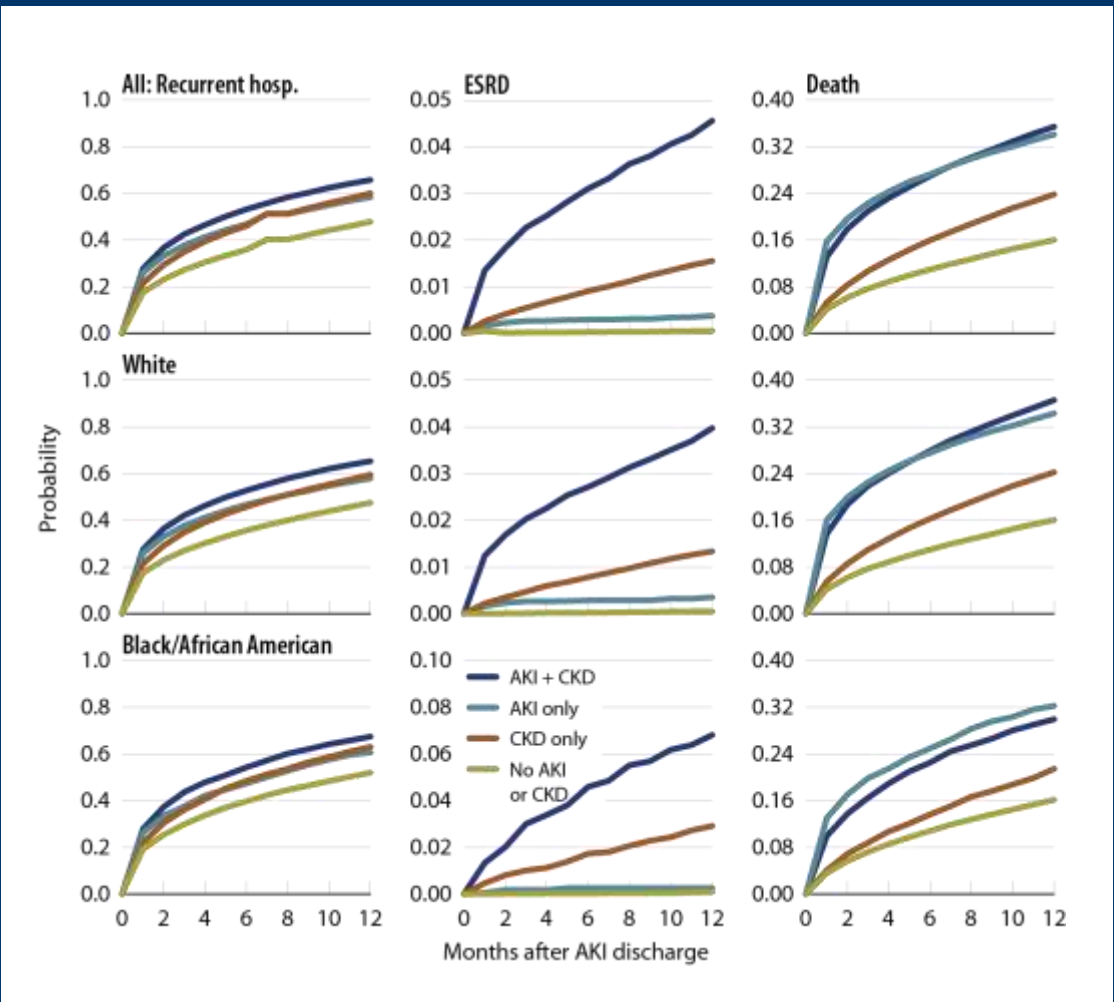


Note to Dr Cerdá – suggest removing this slide

requiring AKI



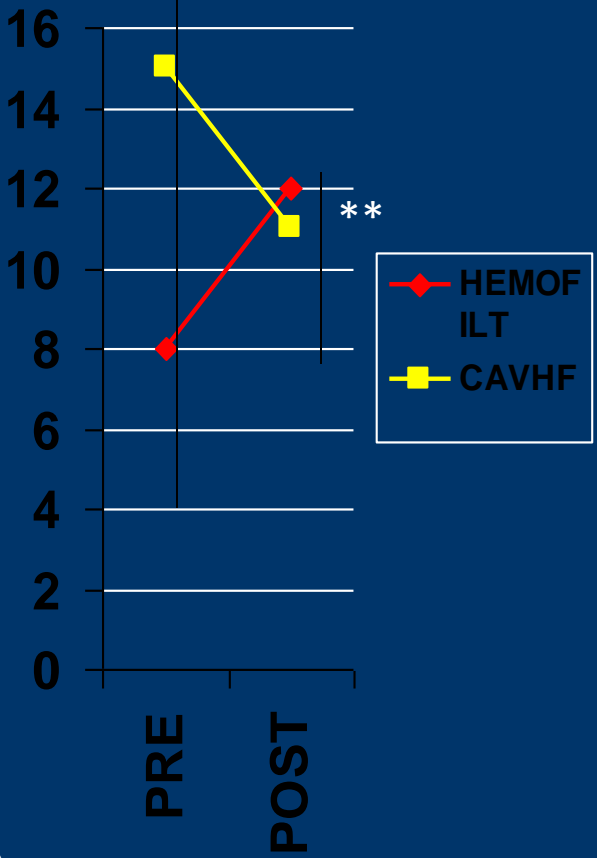
death following AKI hospitalisation by race (2010)



Note to Dr Cerdá – suggest removing this slide

Changes in intracranial pressure during haemofiltration in oliguric patients with grade IV hepatic encephalopathy

INTRA-CRANIAL PRESSURE mmHg



HF: Gambro
Qb 200-250
Isovolemic 17
L exchanges
3.5-4 hrs.

CAVHF:
400-1000 ml/h
24-160 hrs.

PLASMA OSMOLAL mOsm/Kg

